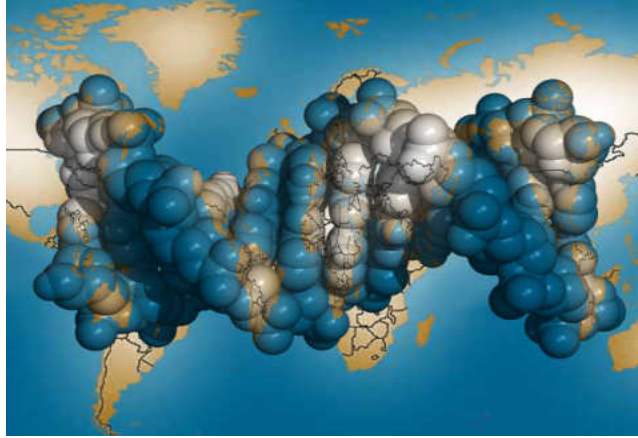
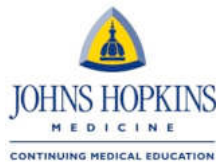


# Introduction to Population Genetics



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6 April 2016



*Current Topics in Genome Analysis 2016*

*Lynn Jorde*

*No Relevant Financial Relationships with  
Commercial Interests*

## Overview

- Patterns of human genetic variation
  - Among populations
  - Among individuals
  - How evolutionary factors influence variation
- “Race” and its biomedical implications
- Linkage disequilibrium, evolution, and disease-gene identification

## The “four major factors of evolution”

- Mutation: *the author of variation*
- Natural selection: *the editor*
- Genetic drift: *the randomizer*
- Gene flow: *the homogenizer*

Sewall Wright, 1956, Cold Spring Harbor Symp. Quant. Biol. 20: 16-24

## Mutation and Genetic Variation

Human mutation rate is  $1.0 - 1.5 \times 10^{-8}$  per bp per generation: we transmit ~30 new DNA variants with each gamete

(J. Roach *et al.*, 2010, *Science*; D. Conrad *et al.*, 2011, *Nature Genetics*)

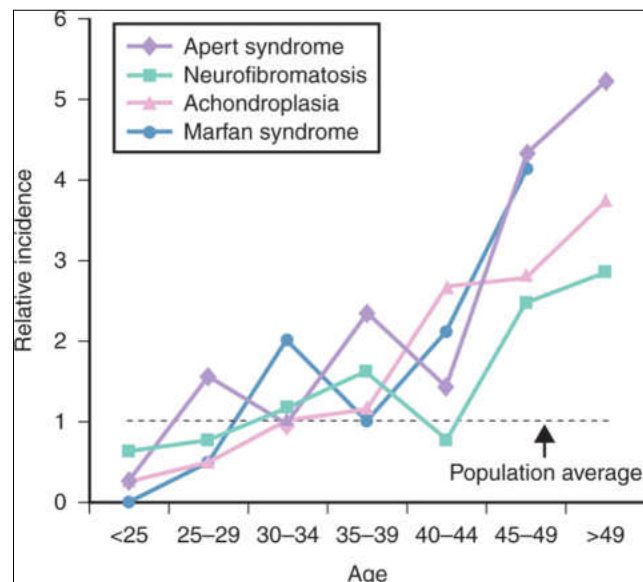
*“The capacity to blunder slightly is the real marvel of DNA. Without this special attribute, we would still be anaerobic bacteria and there would be no music.”*

- Lewis Thomas

Single-gene mutations increase with paternal age: at least 75% of new mutations occur in male germline





An additional two mutations occur with each year of paternal age (baseline: ~30 mutations in a male aged 30)

(Kong *et al.*, 23 Aug. 2012, *Nature*)



## How much do we differ?





(number of aligned DNA base differences)

- Identical twins  0
- Unrelated humans  1/1,000
- Human vs. chimp  1/100
- Human vs. mouse  1/6 - 1/3

- 3 billion DNA bases → 3 million differences (single nucleotide variants [SNVs]) between each pair of haploid human DNA sequences

## Relative diversity in great apes

---

Average number of SNVs per individual

Orangutans 9.3 million > Gorillas 6.5 million > Chimpanzees 5.7 million > **Humans 3-4 million**

As a species, humans have relatively low diversity

(Prado-Martinez *et al.*, 2013, *Nature*)

### Copy number variants (deletions/duplications > 50 bp) account for more inter-individual variation than do single-nucleotide variants

The conventional view is that we have two copies of all genes except those on the sex chromosomes...

...but random duplications and deletions of large segments of DNA mean the number of copies of many genes varies

In an average haploid human sequence, ~9 Mb are affected by structural variants; 3.6 Mb are affected by SNVs; on average, humans are heterozygous for ~150 CNVs (Sudmant *et al.*, 2015, *Nature*)

### How much do human populations differ?

Populations shown on the map:

- Bambara (25)
- Dogon (24)
- Buryat (25)
- Kyrgyzstan (25)
- Iraqi Kurds (25)
- Pakistanis (25)
- Nepalese (25)
- Thai (25)
- Tongan (13)
- Bolivian (23)

## Allele frequencies in populations

Population	SNV 1	SNV 2	SNV 3
1	0.588	0.890	0.880
2	0.671	0.559	0.528
3	0.792	0.790	0.828

*Average heterozygosity:* for each locus, obtain the proportion of heterozygous individuals by direct counting; average across loci

1/1000 bp varies between a pair of individuals: how is this variation distributed between continents?

$$F_{ST} = \frac{H_T - \bar{H}_S}{H_T}$$

$F_{ST}$  is the amount of genetic variation that is due to population differences

$H_T$  is the total heterozygosity (variation) in the sample

$\bar{H}_S$  is the average heterozygosity within each population (continent)

$F_{ST} = 0$ : All variation exists within populations; none exists between

$F_{ST} = 1$ : All variation exists between populations

## How is genetic variation distributed among continental populations?

	60 STRs	100 <i>Alus</i>	75 L1s	250K SNP	
Between individuals, within continents	90%	86%	88%	88%	
Between continents ( $F_{ST}$ )	10%	14%	12%	12%	

$F_{ST}$ : proportion of variation attributed to population subdivision

Jorde *et al.*, 2000, *Am. J. Hum. Genet.*  
 J. Xing *et al.*, 2009, *Genome Res.*

## How is genetic variation distributed among continental populations?

	60 STRs	100 <i>Alus</i>	75 L1s	250K SNP	Skin pigmentation
Between individuals, within continents	90%	86%	88%	88%	10%
Between continents ( $F_{ST}$ )	10%	14%	12%	12%	90%

Jorde *et al.*, 2000, *Am. J. Hum. Genet.*  
 J. Xing *et al.*, 2009, *Genome Res.*

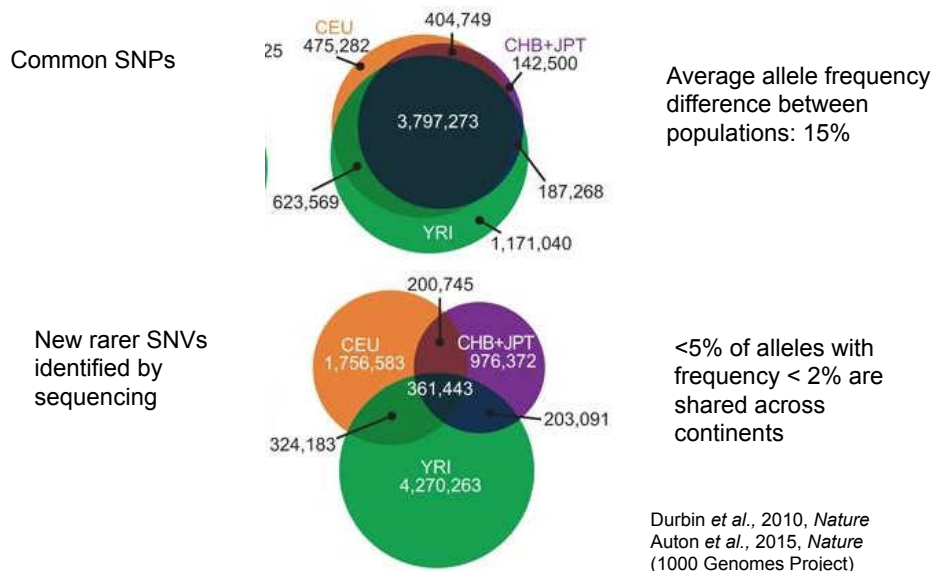
**% common SNPs shared among four major regions (Africa, Europe, E. Asia, India):  
 250K chip results for ~1,000 samples**

Minor allele present in:	
All 4 groups	78.6%
At least 3 groups	88.0%
At least 2 groups	92.1%
Africa only	7.4%
Any non-African group	0.5%

No SNPs were fixed present in one population, fixed absent in another

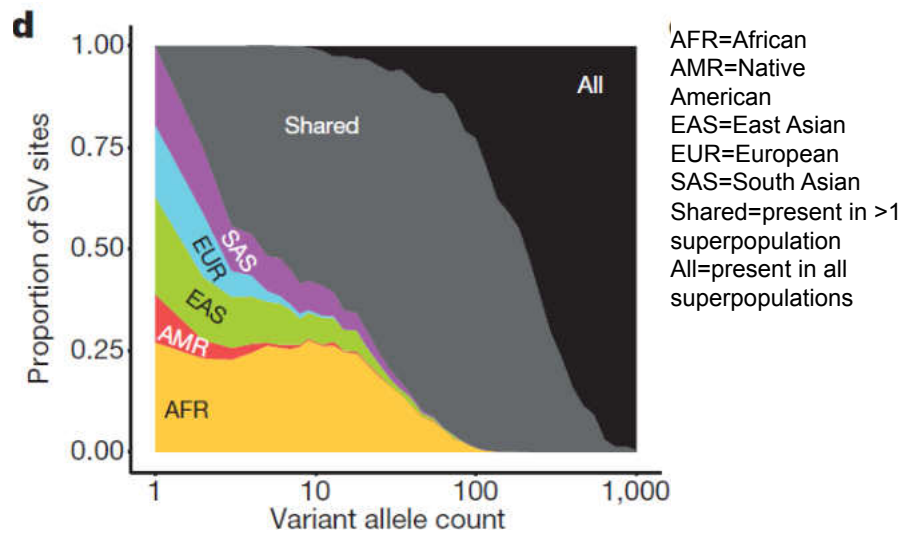
J. Xing *et al.*, 2010, *Genomics*

**Rare single nucleotide variants (SNVs) are much more likely to be population-specific**





## Rare copy number variants are population-specific (1000 Genomes data)



## A simple genetic distance to measure population differences

$$D_{ij} = |p_i - p_j|$$

$D_{ij}$  is the genetic distance between populations  $i$  and  $j$ ;  $p_i$  and  $p_j$  are the allele frequencies of a SNV in populations  $i$  and  $j$ .

Pop.	SNV 1	SNV 2	SNV 3
1	0.588	0.890	0.880
2	0.671	0.559	0.528
3	0.792	0.790	0.828

$$D_{12} = |0.588 - 0.671| = 0.083 \text{ (avg. over all SNVs)}$$

## Building a population network



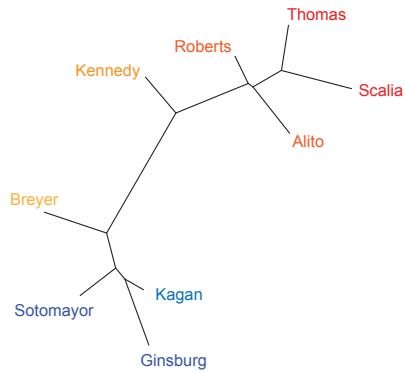
Pop.	SNV 1
1	0.588
2	0.671
3	0.792

$$|p_1 - p_2| \quad |p_3 - (p_1 + p_2)/2|$$

## Percent agreement between Supreme Court justices (*New York Times*, 2014) – analogous to % alleles shared among individuals

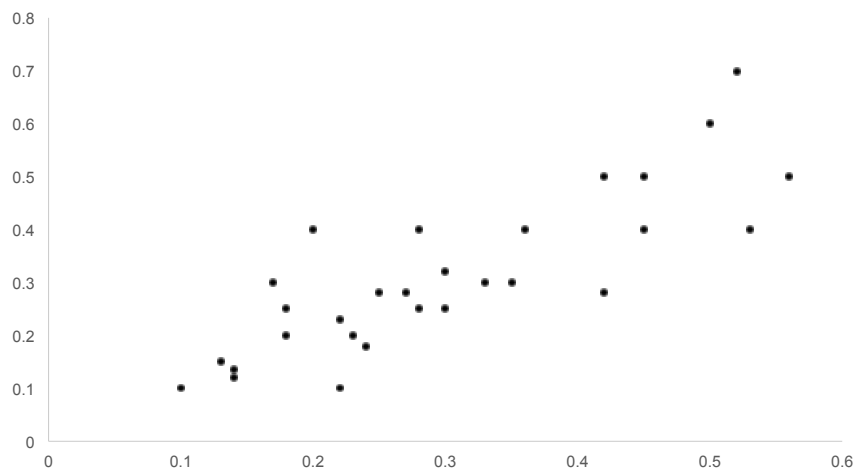
	Ginsburg	Sotomayor	Kagan	Breyer	Kennedy	Roberts	Scalia	Alito	Thomas
Ruth Bader Ginsburg	—	90%	93%	88%	76%	71%	70%	67%	66%
Sonia Sotomayor	90%	—	94%	88%	80%	75%	72%	70%	71%
Elena Kagan	93%	94%	—	89%	80%	75%	74%	71%	71%
Stephen Breyer	88%	88%	89%	—	81%	77%	69%	74%	72%
Anthony Kennedy	76%	80%	80%	81%	—	88%	82%	86%	84%
John Roberts	71%	75%	75%	77%	88%	—	90%	93%	90%
Antonin Scalia	70%	72%	74%	69%	82%	90%	—	86%	91%
Samuel Alito	67%	70%	71%	74%	86%	93%	88%	—	91%
Clarence Thomas	66%	71%	71%	72%	84%	90%	91%	91%	—

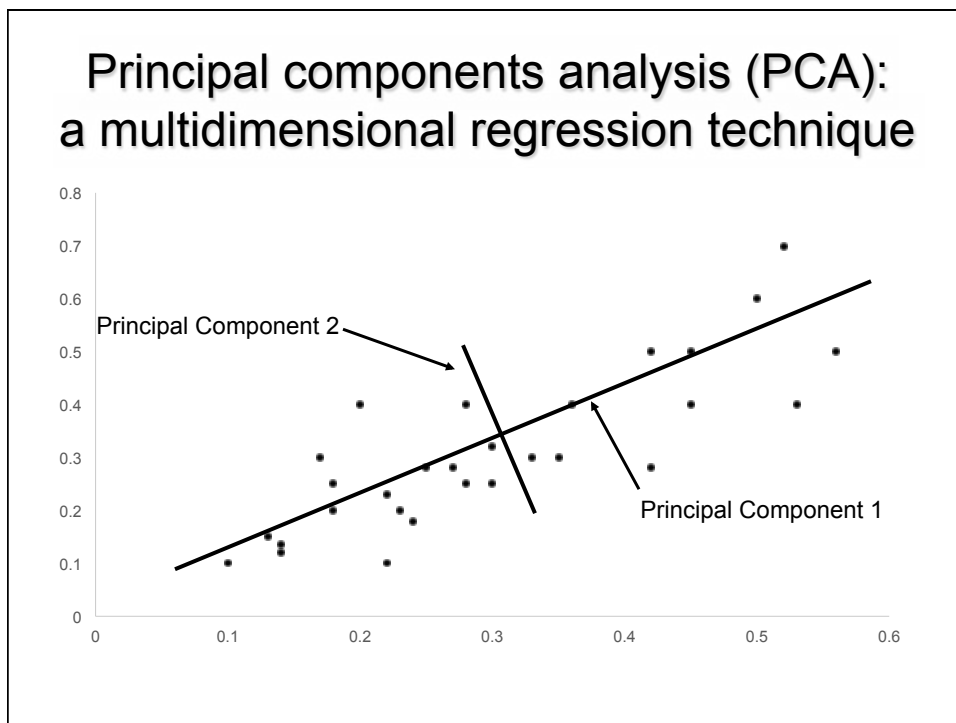
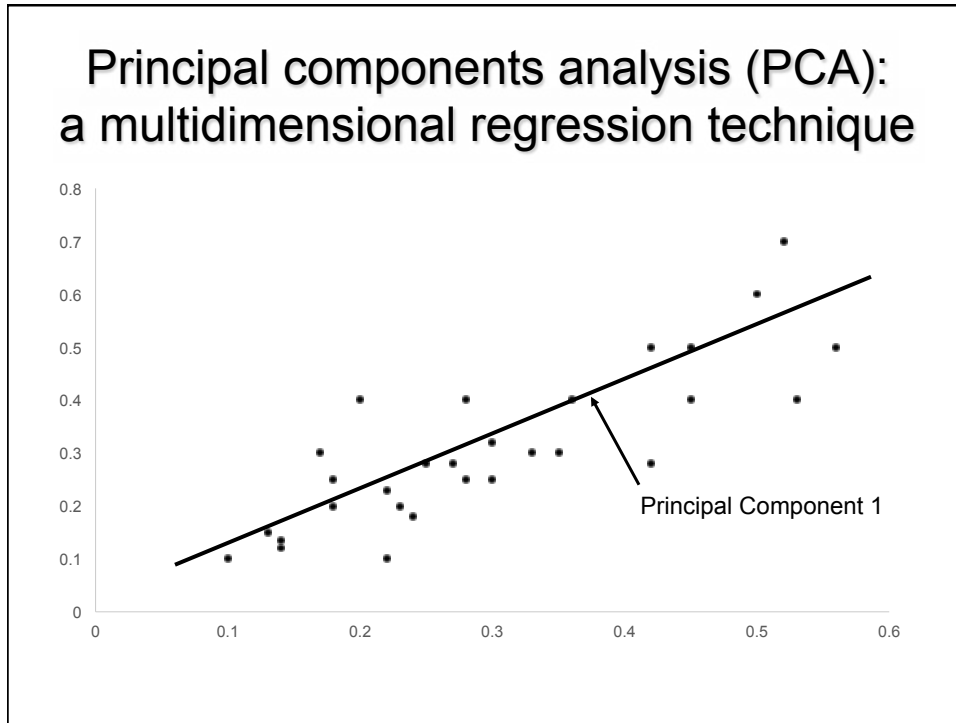
### Neighbor-joining network of Supreme Court justices' decisions



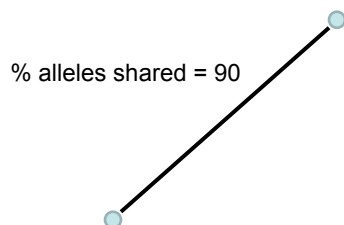
Thanks to: Steve Guthery, MD

### Principal components analysis (PCA): a multidimensional regression technique

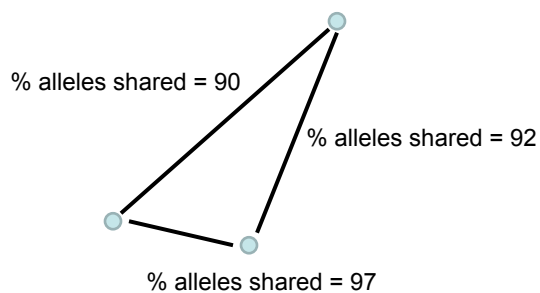


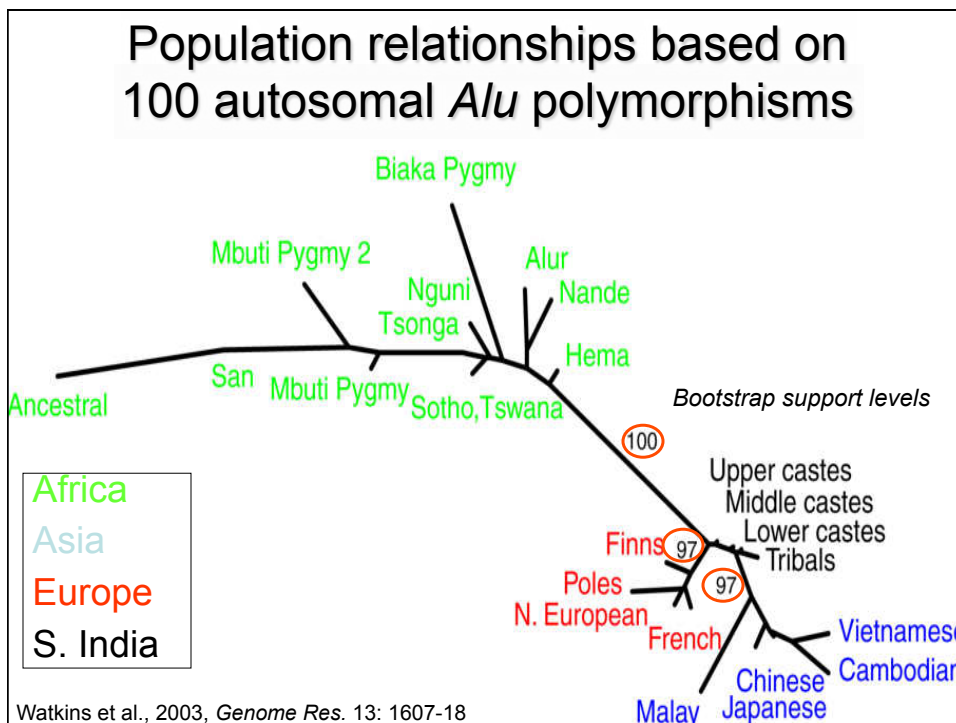
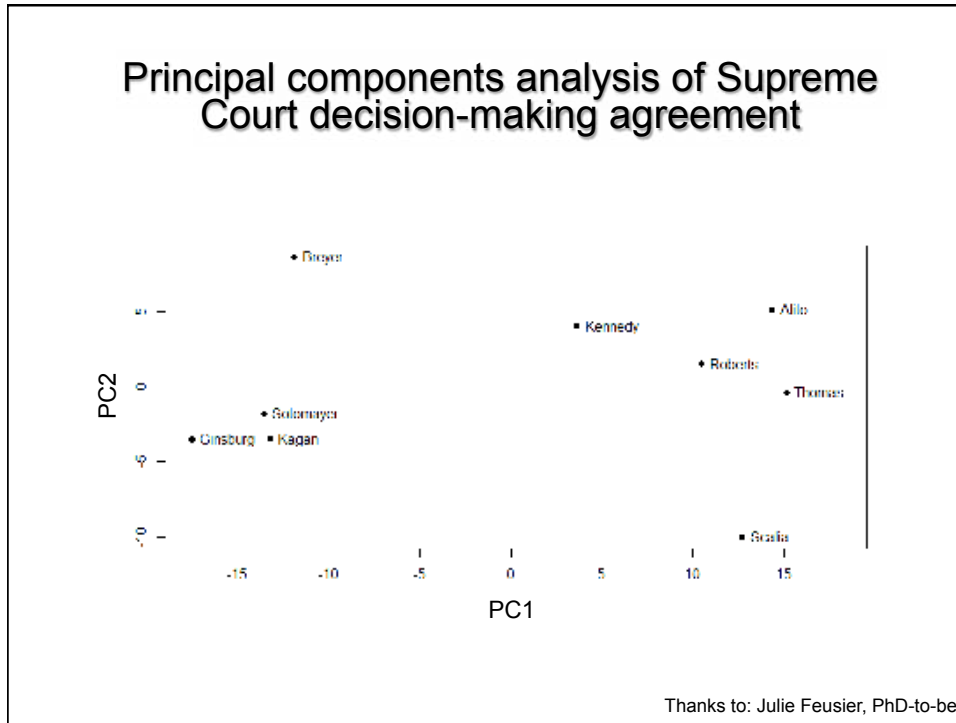


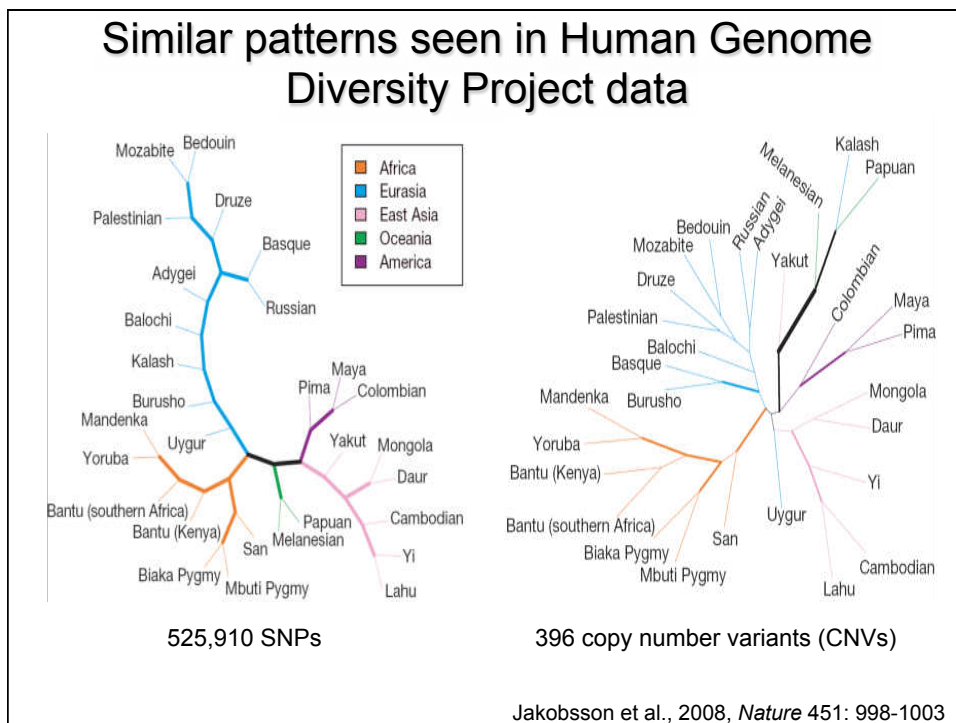
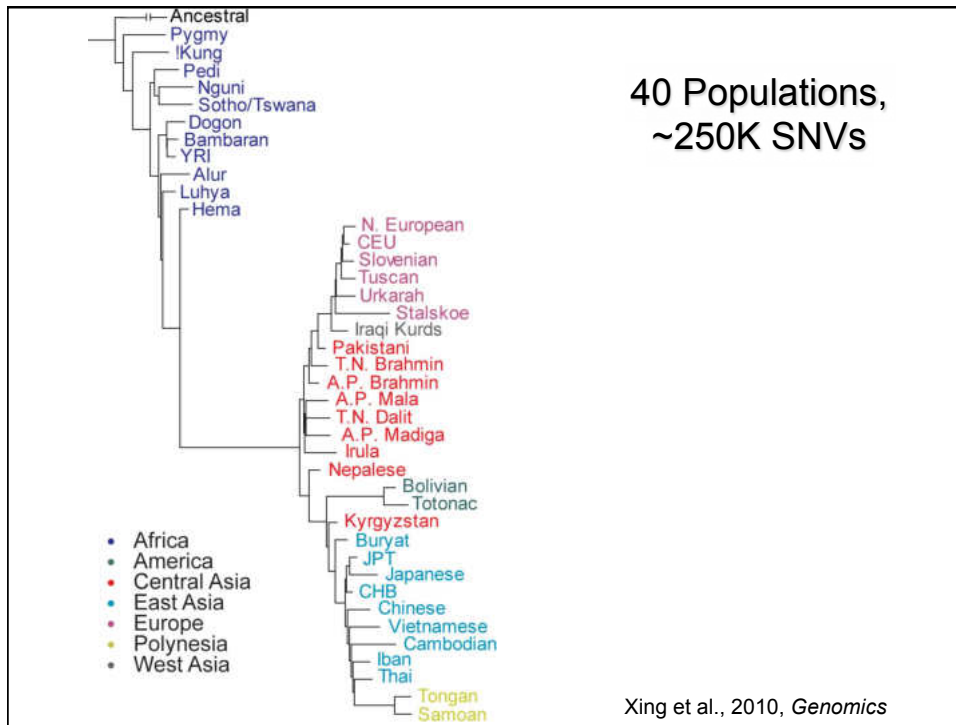
Genetic similarity between two people can be completely described with a line

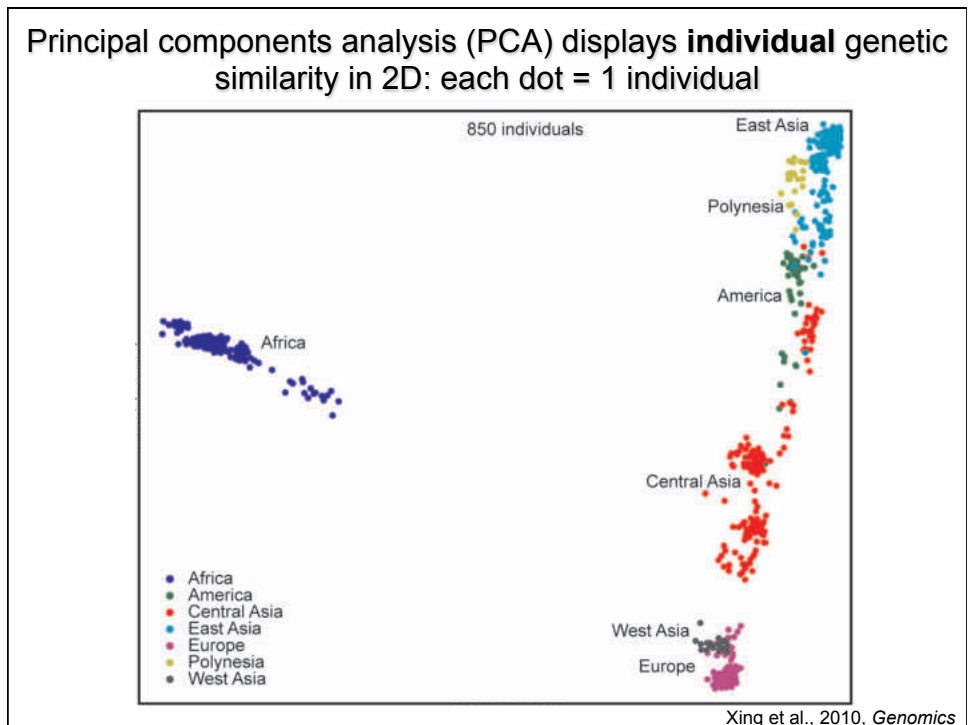
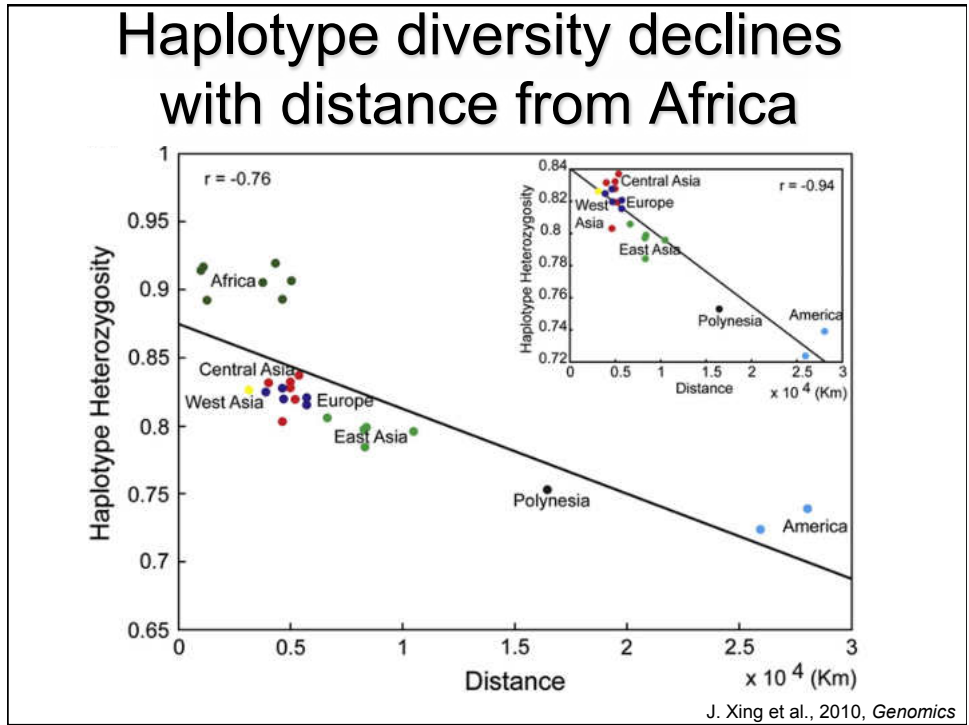


Genetic similarities among three people can be completely described with a plane (two dimensions)

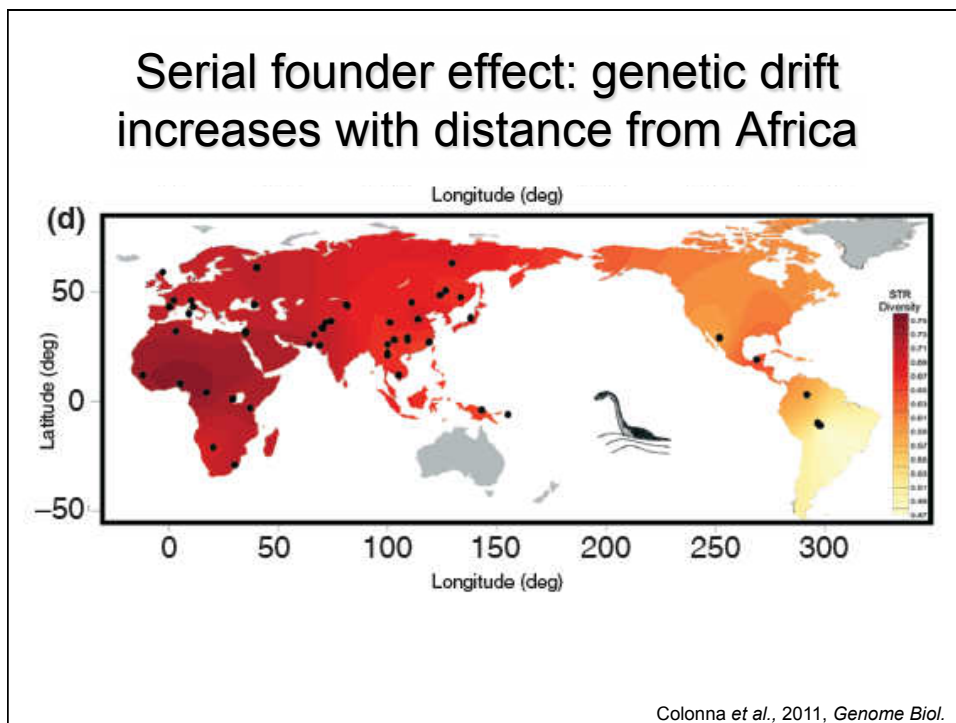
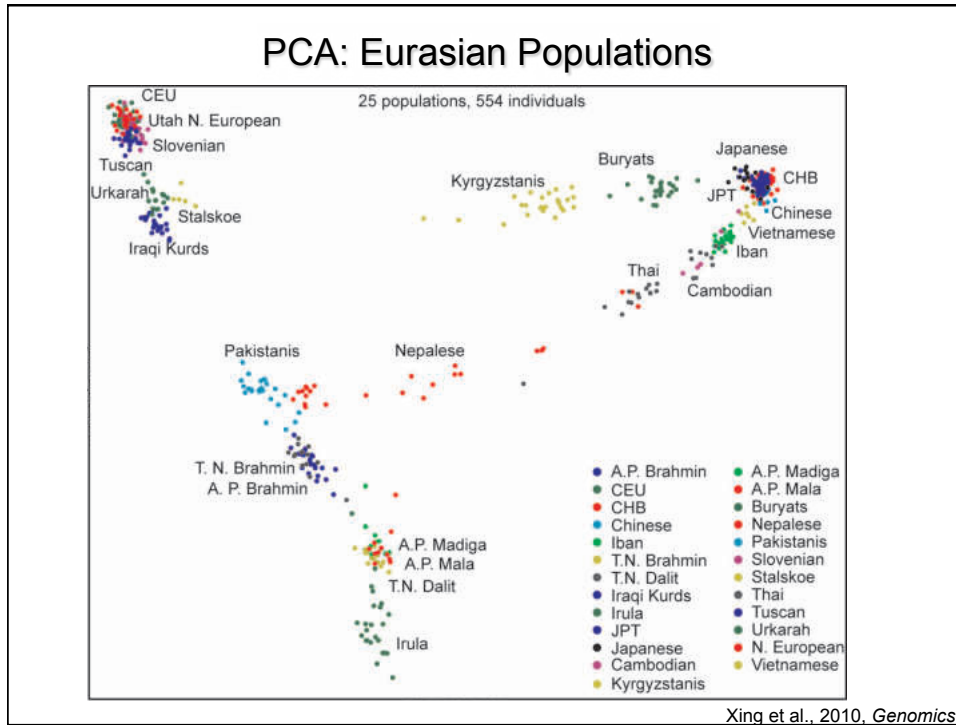


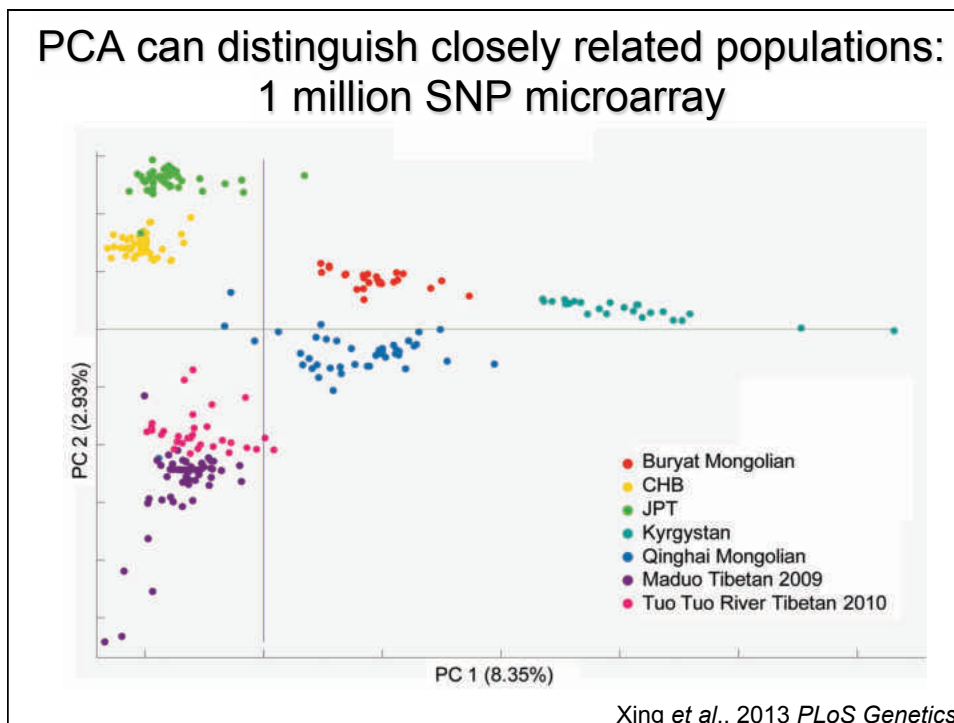
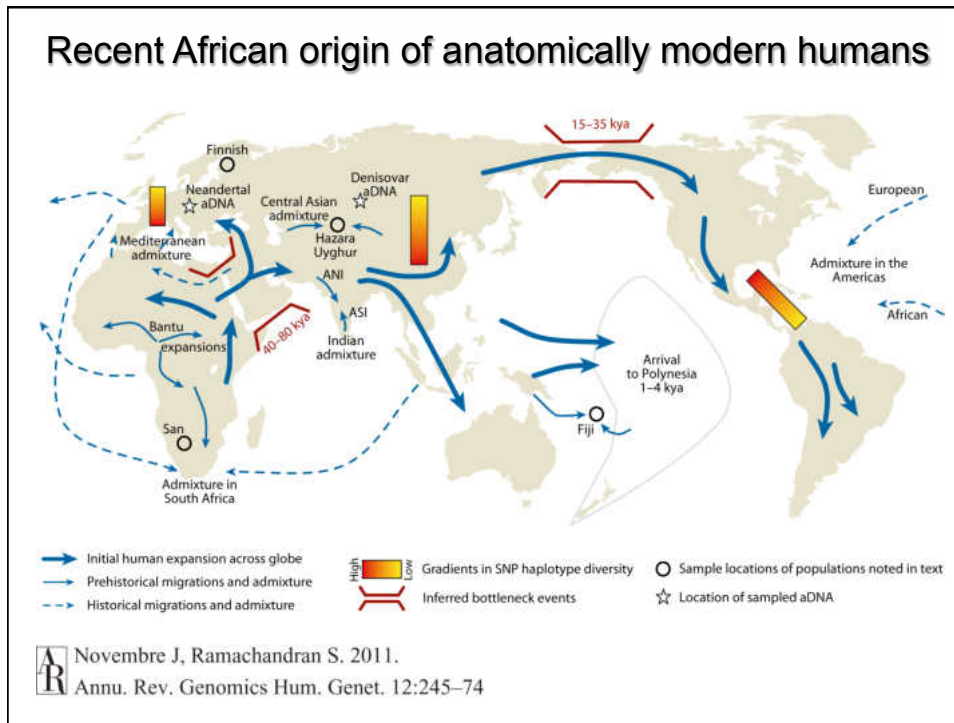


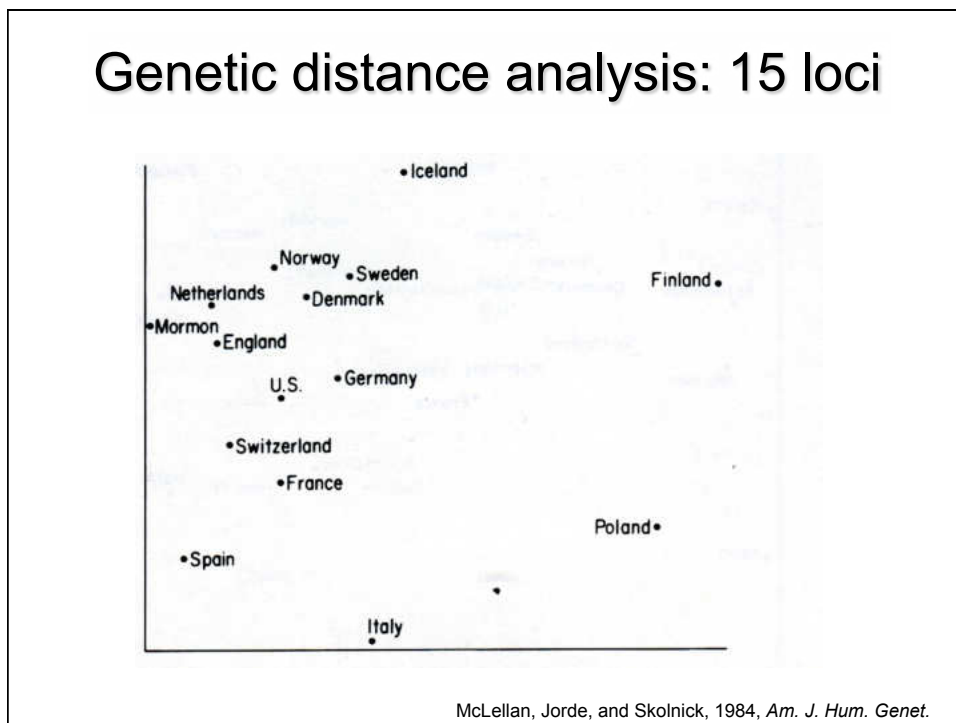
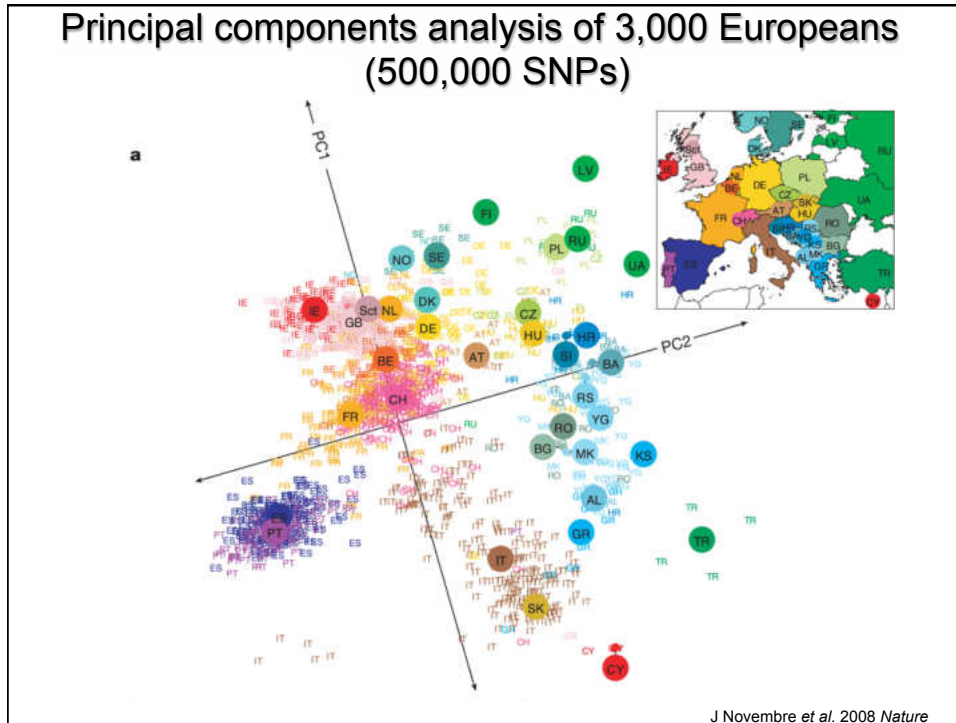








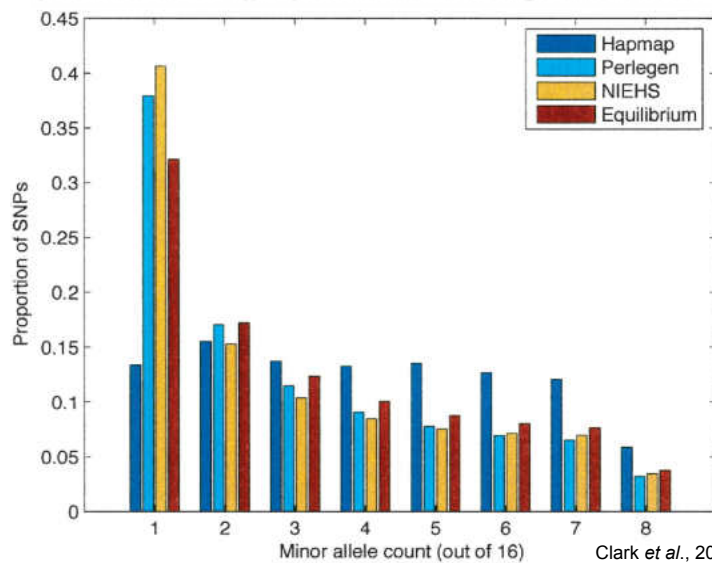




## Sequence data permit more accurate inferences about population history

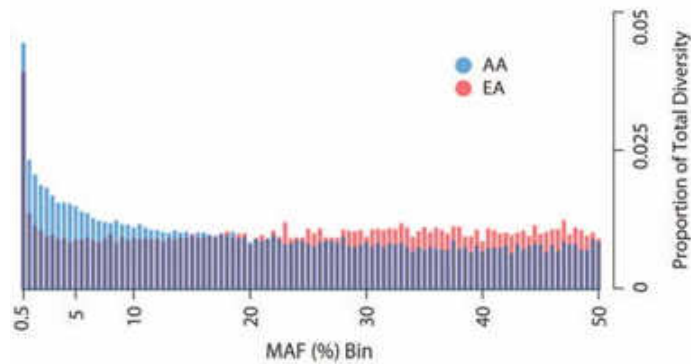
- Microarray SNPs are selected for higher frequency and diversity in Europeans
- Complete DNA sequences are unbiased and include information about rare variants
- Coalescence methods can be used effectively with sequence data

The effect of ascertainment bias on allele frequencies:  
Microarray data cannot accurately estimate demographic parameters (population size, growth rates)



Clark *et al.*, 2005, *Genome Res.*  
15: 1496-1502

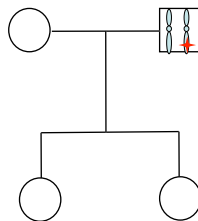
## Allele frequency spectrum (2,440 exomes) indicates a recent population expansion



73% of all protein-coding SNVs and 86% of deleterious SNVs arose within past 5,000-10,000 years (Fu et al., 2013, *Nature*, 493: 216-20)

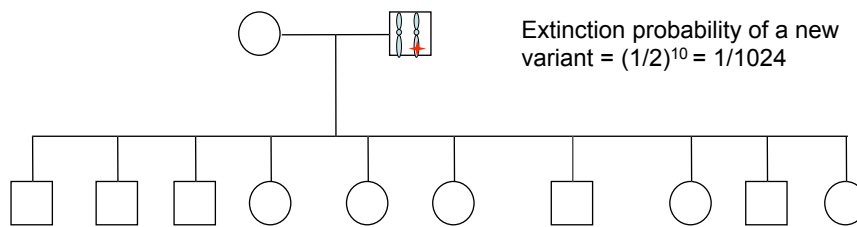
Tennessen et al., 2012, *Science*

## Population expansions increase the frequency of rare variants



Extinction probability of a new variant =  $(1/2)^2 = 1/4$

## Population expansions increase the frequency of rare variants

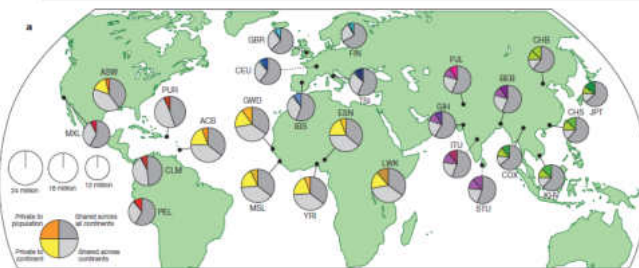


## The 1000 Genomes Project

### A global reference for human genetic variation

The 1000 Genomes Project Consortium\*

The 1000 Genomes Project set out to provide a comprehensive description of common human genetic variation by applying whole-genome sequencing to a diverse set of individuals from multiple populations. Here we report completion of the project, having reconstructed the genomes of 2,504 individuals from 26 populations using a combination of low-coverage whole-genome sequencing, deep exome sequencing, and dense microarray genotyping. We characterized a broad spectrum of genetic variation, in total over 88 million variants (84.7 million single nucleotide polymorphisms (SNPs), 3.6 million short insertions/deletions (indels), and 60,000 structural variants), all phased onto high-quality haplotypes. This resource includes >99% of SNP variants with a frequency of >1% for a variety of ancestries. We describe the distribution of genetic variation across the global sample, and discuss the implications for common disease studies.



Auton et al., 2015, *Nature*

# The spectrum of human genetic variation

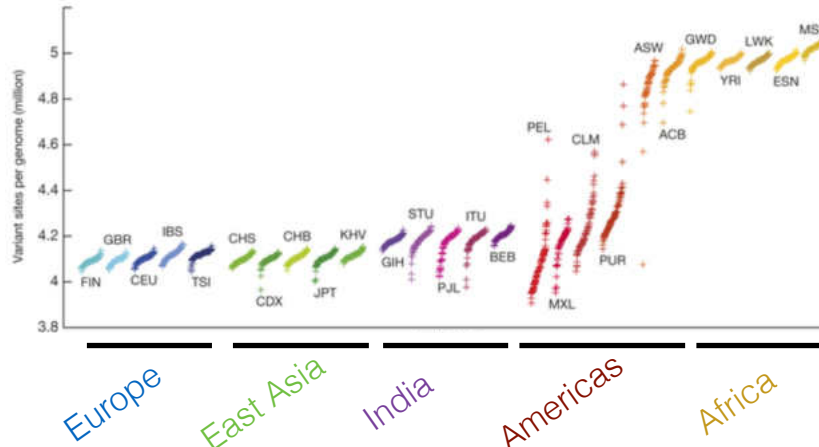
**Table 1 | Median autosomal variant sites per genome**

	AFR		AMR		EAS		EUR		SAS	
Samples	661		347		504		503		489	
Mean coverage	8.2		7.6		7.7		7.4		8.0	
	Var. sites	Singletons	Var. sites	Singletons	Var. sites	Singletons	Var. sites	Singletons	Var. sites	Singletons
SNPs	4.31M	14.5k	3.64M	12.0k	3.55M	14.8k	3.53M	11.4k	3.60M	14.4k
Indels	625k	-	557k	-	546k	-	546k	-	556k	-
Large deletions	1.1k	5	949	5	940	7	939	5	947	5
CNVs	170	1	153	1	158	1	157	1	165	1
MEI (Alu)	1,03k	0	845	0	899	1	919	0	889	0
MEI (L1)	138	0	118	0	130	0	123	0	123	0
MEI (SVA)	52	0	44	0	56	0	53	0	44	0
MEI (MT)	5	0	5	0	4	0	4	0	4	0
Inversions	12	0	9	0	10	0	9	0	11	0
Nonsynon	12.2k	139	10.4k	121	10.2k	144	10.2k	116	10.3k	144
Synon	13.8k	78	11.4k	67	11.2k	79	11.2k	59	11.4k	78
Intron	2.06M	7.33k	1.72M	6.12k	1.68M	7.39k	1.68M	5.68k	1.72M	7.20k
UTR	37.2k	168	30.8k	136	30.0k	169	30.0k	129	30.7k	168
Promoter	102k	430	84.3k	332	81.6k	425	82.2k	336	84.0k	430
Insulator	70.9k	248	59.0k	199	57.7k	252	57.7k	189	59.1k	243
Enhancer	354k	1.32k	295k	1.05k	289k	1.34k	288k	1.02k	295k	1.31k
TFBSs	927	4	759	3	748	4	749	3	765	3
Filtered LoF	182	4	152	3	153	4	149	3	151	3
HGMD-DM	20	0	18	0	16	1	18	2	16	0
GWAS	2.00k	0	2.07k	0	1.99k	0	2.08k	0	2.06k	0
ClinVar	28	0	30	1	24	0	29	1	27	1

See Supplementary Table 1 for continental population groupings. CNVs, copy-number variants; HGMD-DM, Human Gene Mutation Database disease mutations; k, thousand; LoF, loss-of-function; M, million; MEI, mobile element insertions.

Auton et al., 2015, *Nature*

## Variation in individuals: 1000 Genomes Project



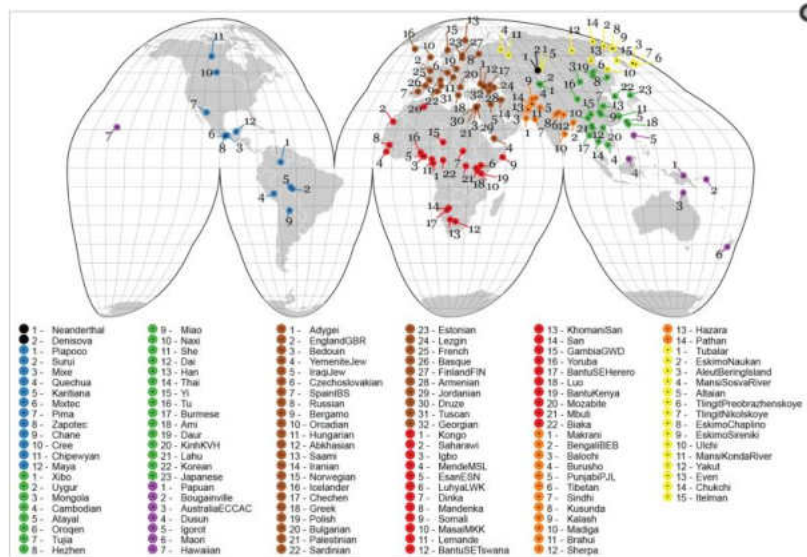
Auton et al., 2015, *Nature*



## A "typical" human genome

Protein truncating	149 - 182
Peptide altering	10,000 -12,000
Regulatory (UTR, TBS, promoter, etc.)	459,000 - 565,000
Associated with complex trait	~2,000
ClinVar disease causing	24 - 30

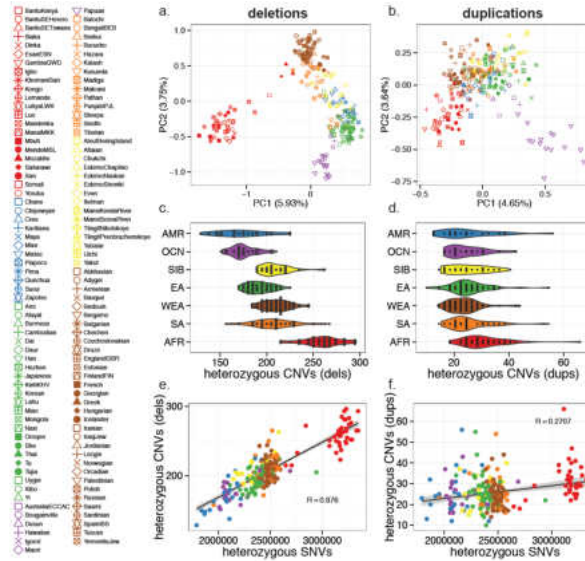
## Simons Genome Diversity Project (SGDP): 300 individuals in 142 populations; 40x sequencing



Sudmant et al., 2015, *Science*

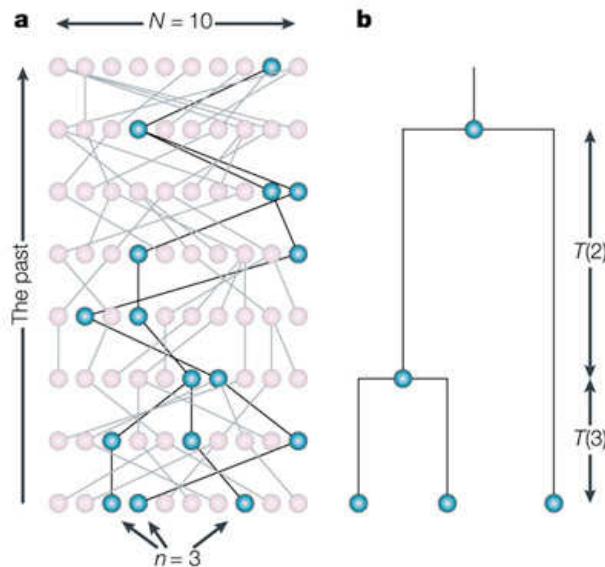


## Copy number variation in SGDP samples

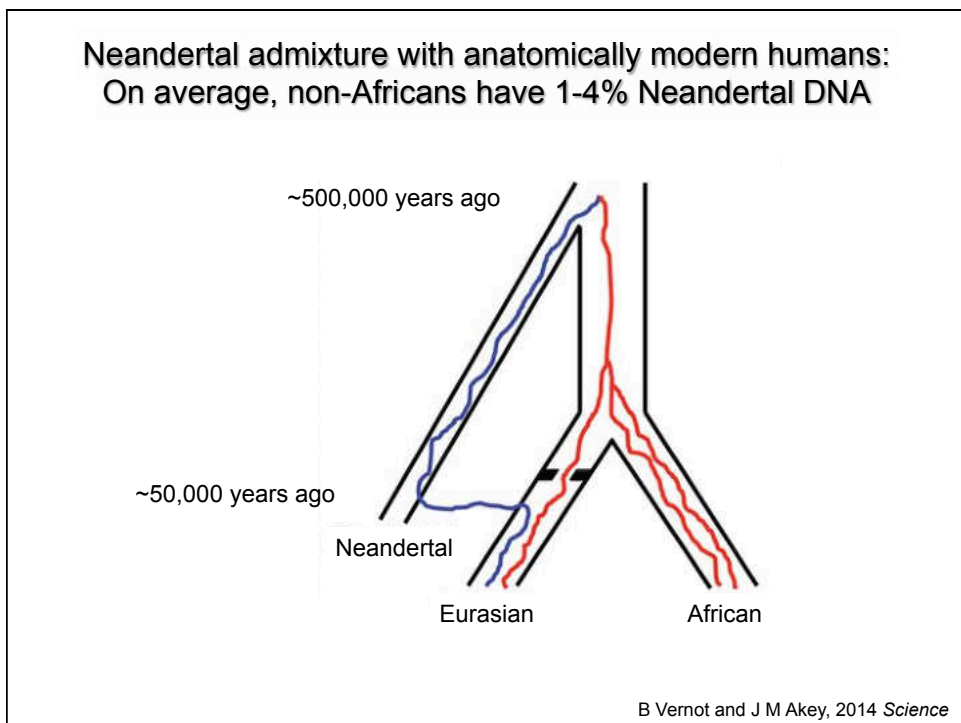
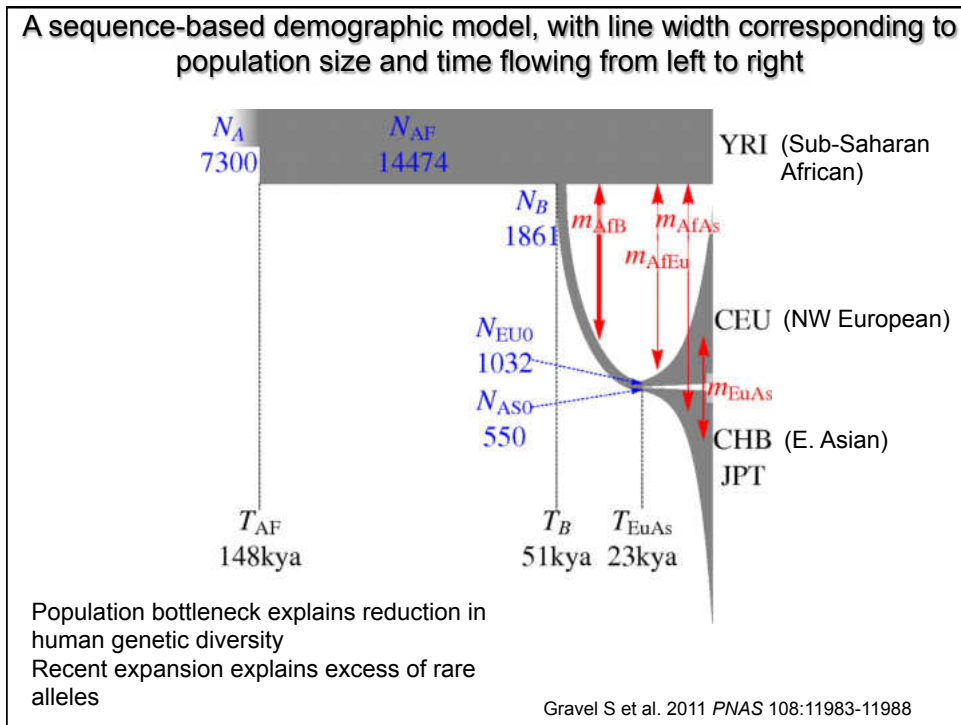


Sudmant et al., 2015, *Science*

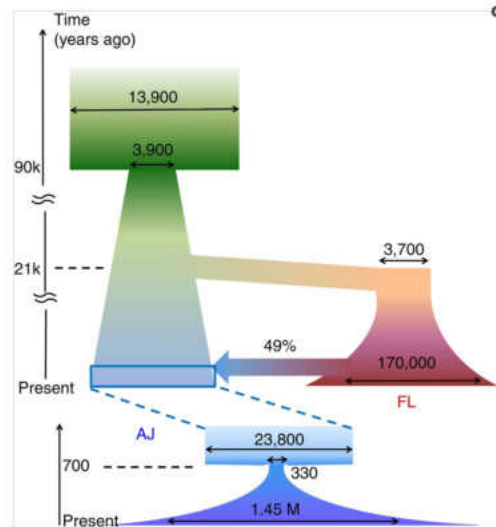
## Sequence data allow us to use coalescence methods to estimate population history



Rosenberg and Nordborg, 2002, *Nat. Rev. Genet.*



## Sequence-based reconstruction of Ashkenazi Jewish demographic history



Carmi et al., 2014, *Nat. Comm.*

## Drift has increased the frequencies of several disease-causing mutations

- Three founder mutations in *BRCA1* or *BRCA2* are seen in 2.5% of Ashkenazi Jews (1/200 in general population)
- *APC* mutation predisposing to colorectal cancer is seen in 6% of Ashkenazi population
- Several lysosomal storage disorders (Gaucher, Niemann-Pick, Tay-Sachs) are relatively common

## What can genetics tell us about “race”?

“Race’ is biologically meaningless”

-- Schwartz, 2001, *N. Engl. J. Med.*

“I am a racially profiling doctor”

-- Satel, May 5, 2002, *New York Times*

Bamshad and Olson,  
2003

SCIENCE AND SOCIETY

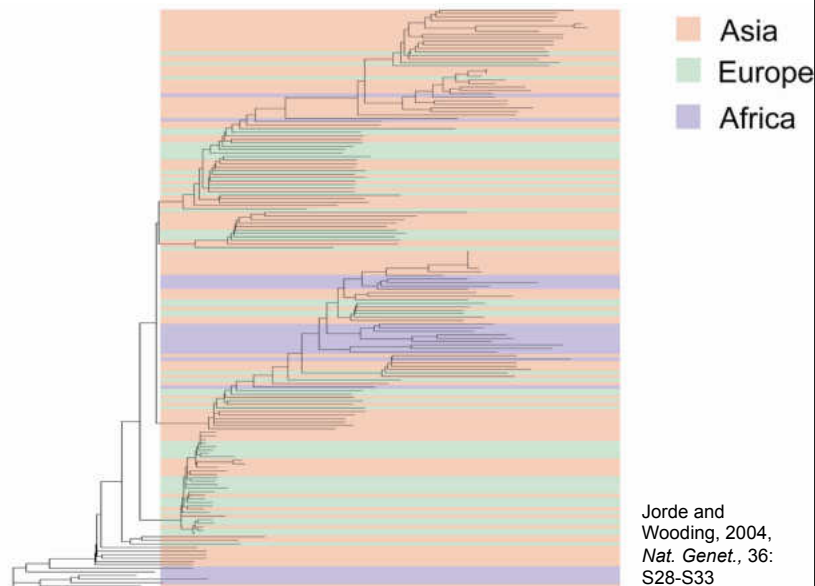
### *Taking race out of human genetics*

Engaging a century-long debate about the role of race in science

-- Yudell *et al.*, 2016, *Science*

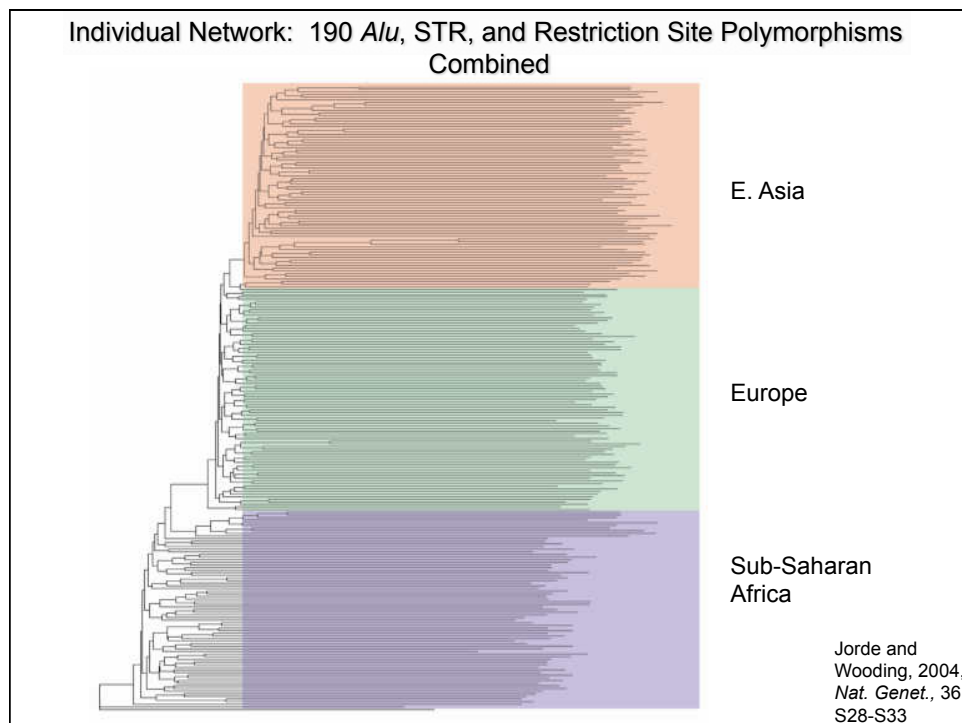


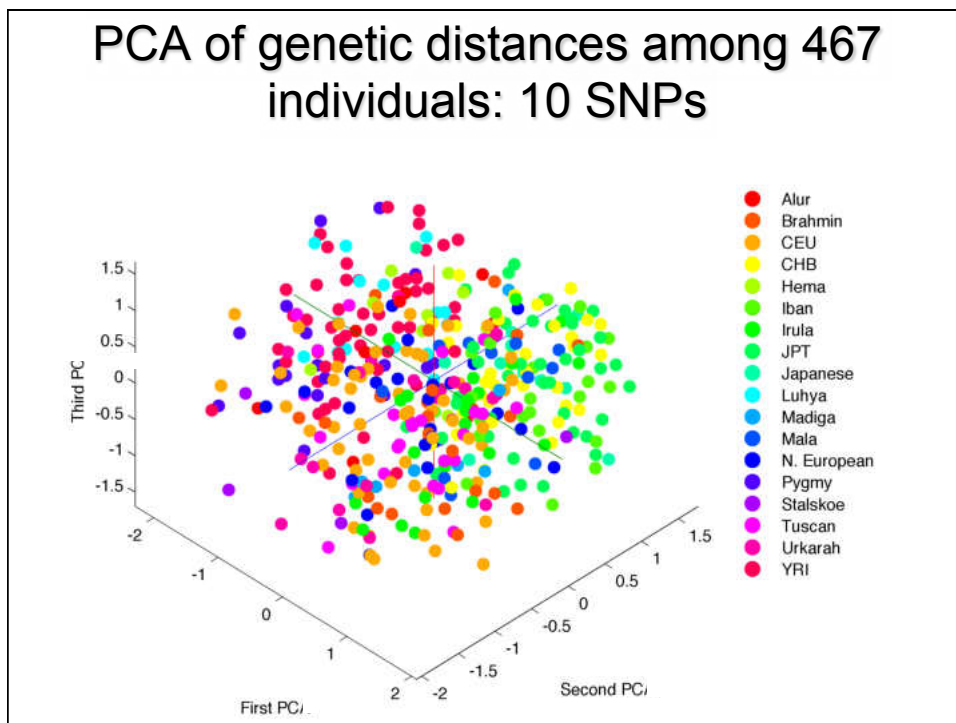
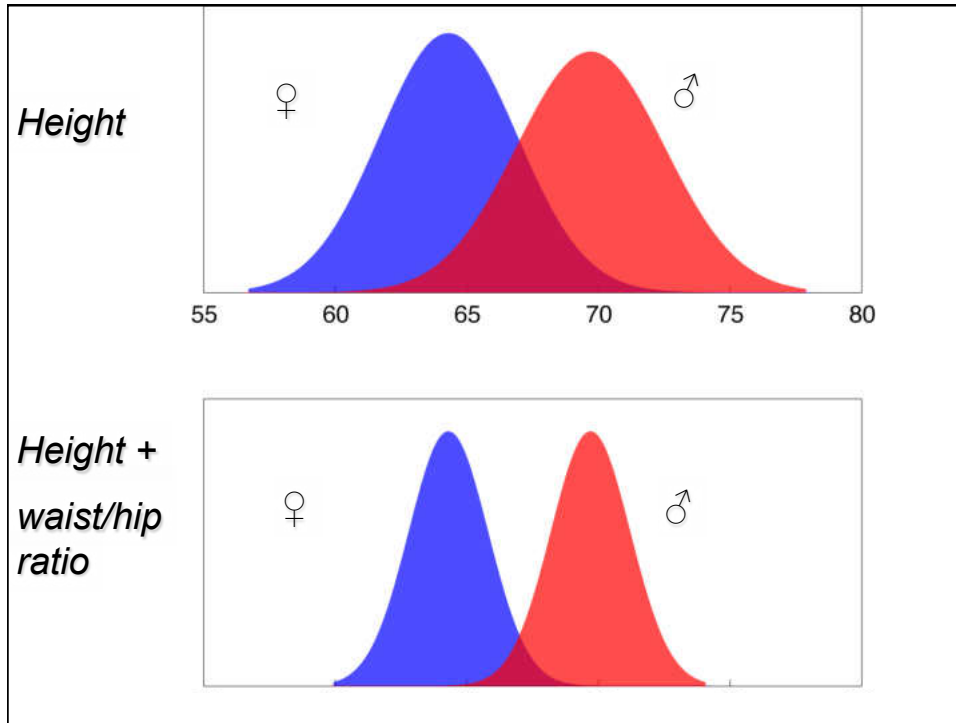
Individual network: 14 kb sequence in angiotensinogen gene

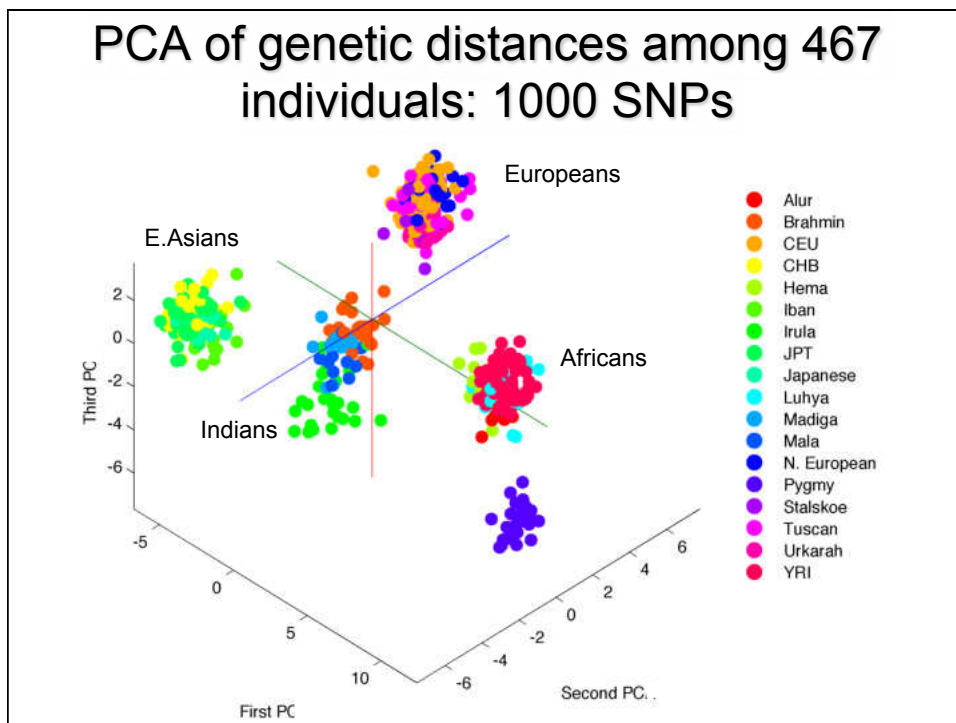
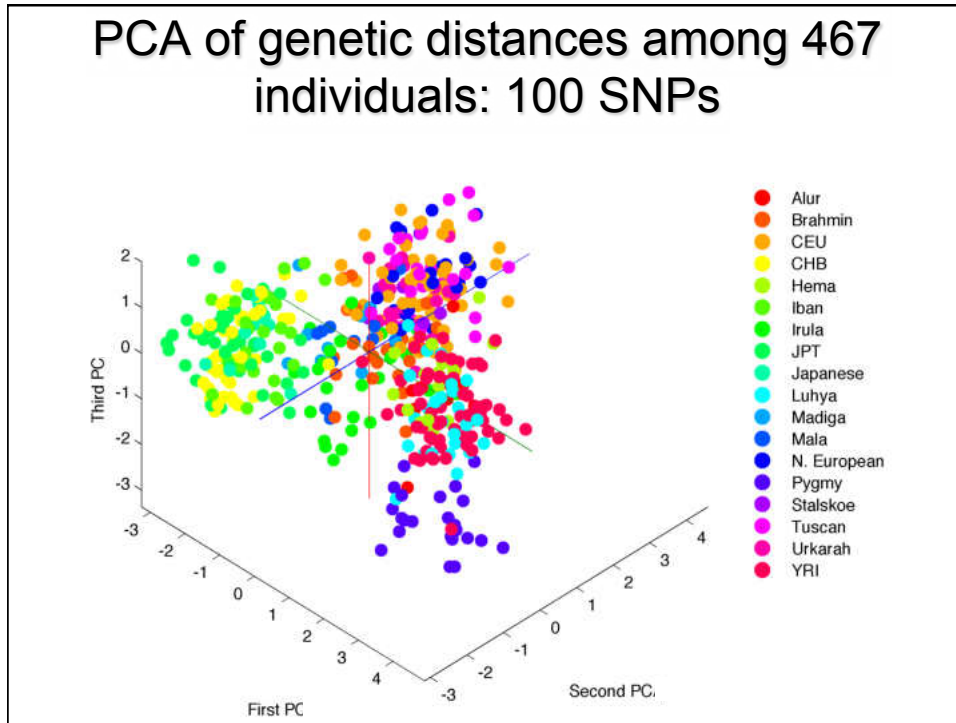


It may be doubted whether any character can be named which is distinctive of a race and is constant.”

-- Charles Darwin, 1871, *The Descent of Man, and Selection in Relation to Sex*



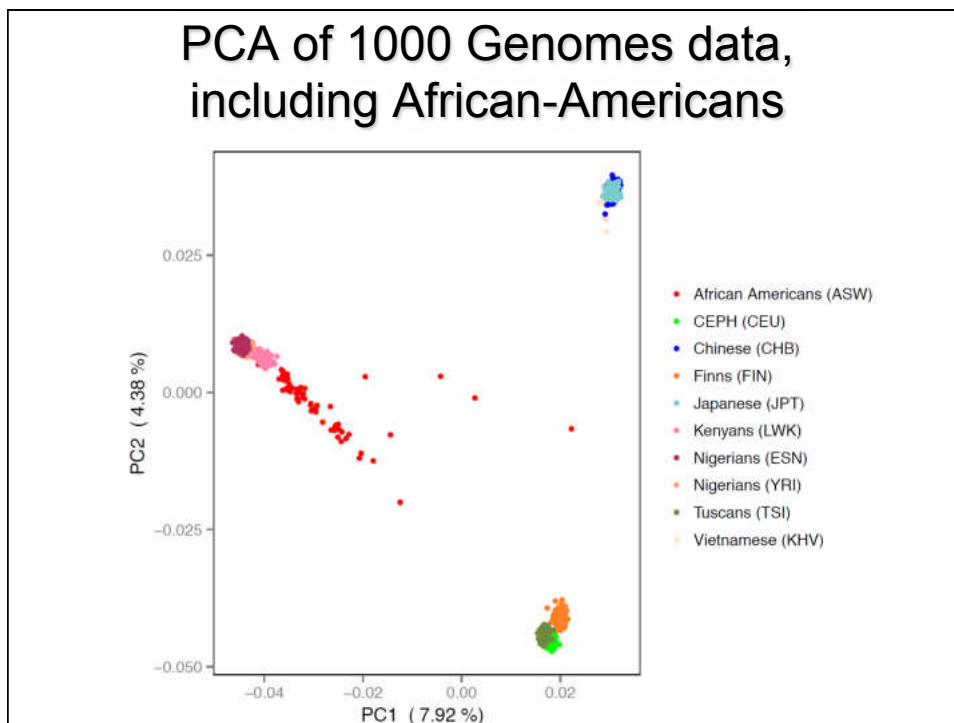
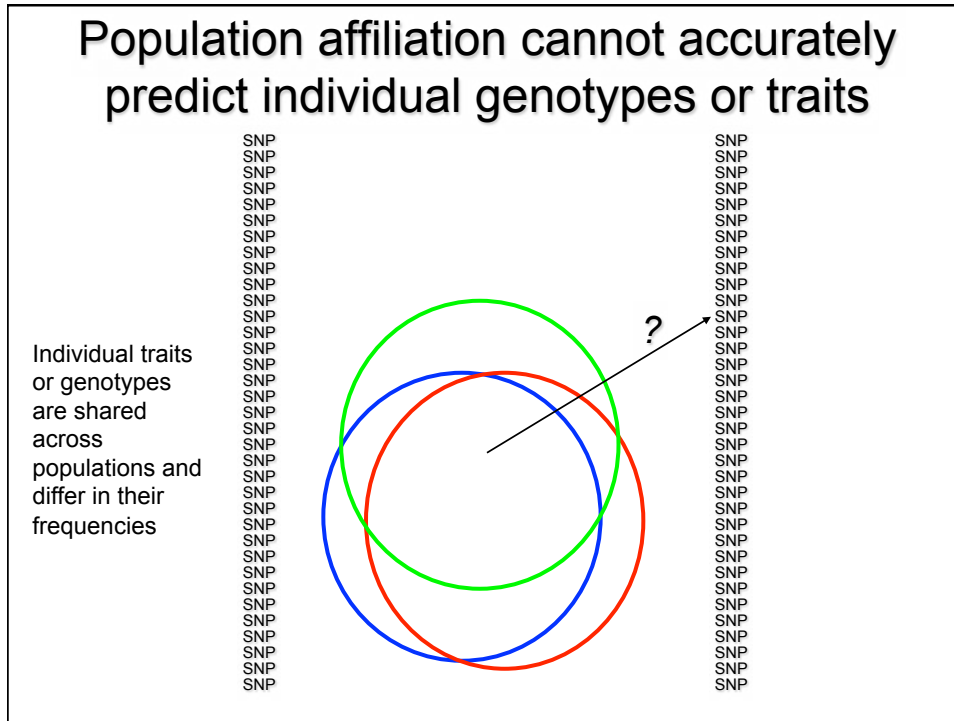




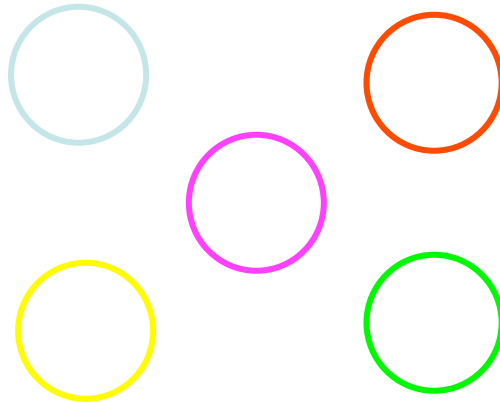




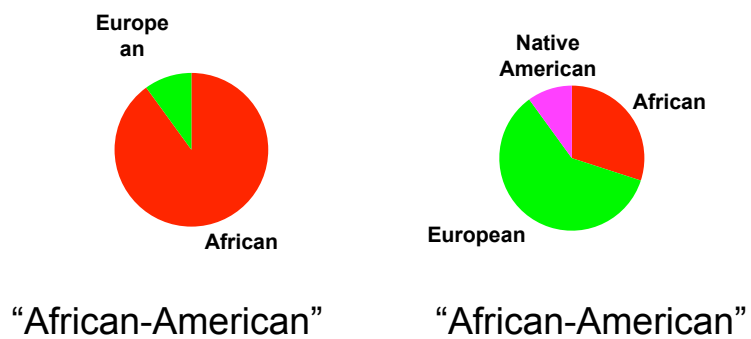




## The Fallacy of Typological Thinking



## Ancestry vs. Race



[My Home](#)

Inbox (3)

**Health**

Clinical Reports

Research Reports

Health Labs

**Ancestry**

Maternal Line

▶ Paternal Line

Relative Finder

Ancestry Painting

Global Similarity

Ancestry Labs

**Sharing & Community**

Compare Genes

Family Inheritance

23andMe Community

**23andMe**

My Surveys (31)

Research Initiatives

## paternal line

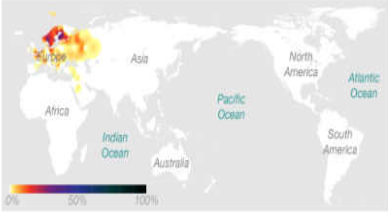
Your Y chromosome DNA determines your paternal haplogroup. [What is a haplogroup?](#) tell a friend

**Map** | History | Haplogroup Tree

**Paternal Haplogroup: I1\***


I1\* is a subgroup of I1, which is described below.


Locations of haplogroup I1 circa 500 years ago, before the era of intercontinental travel.



Haplogroup I1 can be found at levels of 10% and higher in many parts of Europe, due to its expansion with men who migrated northward after the end of the Ice Age about 12,000 years ago. It reaches its highest levels in Denmark and the southern parts of Sweden and Norway.

**Human Prehistory Videos**

 [Human Prehistory: Prologue](#)

 [Out of \(Eastern\) Africa](#)

**Haplogroup: I1**, a subgroup of [I1](#)

Age: 28,000 years

Region: Northern Europe

Populations: Finns, Norwegians, Swedes

**Highlight:** Haplogroup I1 reaches highest frequencies in Scandinavia.

**Your Family and Friends**

[D2a1b](#) Japanese Person

[E1b1a8a](#) Nigerian Person

[I1\\*](#) Lynn Jorde

[I1](#) Chinese Person

**Famous People**

[C3](#) Genghis Khan

[I1](#) Jimmy Buffett, Warren Buffett

[I1a](#) Alexander Hamilton

[R1b](#) John Adams

[I](#) Thomas Jefferson

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▶ Paternal Line

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Research Initiatives

## maternal line

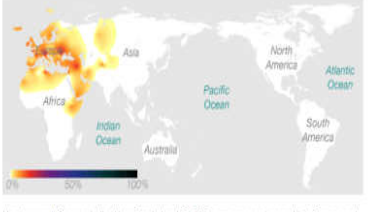
Your mitochondrial DNA determines your maternal haplogroup. [What is a haplogroup?](#) tell a friend

**Map** | History | Haplogroup Tree

**Maternal Haplogroup: U8a**


U8a is a subgroup of U8, which is described below.


Locations of haplogroup U8 circa 500 years ago, before the era of intercontinental travel.



Haplogroup U8 arose in the Near East about 50,000 years ago and moved into Europe not long afterward, along with the first modern humans to inhabit the continent. Limited to a few scattered locations during the Ice Age, another migration carried the haplogroup out of the Iberian Peninsula into central and northern Europe after climate conditions began improving about 15,000 years ago.

**Human Prehistory Videos**

 [Human Prehistory: Prologue](#)

 [Out of \(Eastern\) Africa](#)

**Haplogroup: U8**, a subgroup of [U8](#)

Age: 50,000 years

Region: Europe, Near East, northern Africa

Populations: Basques, Finns

**Highlight:** Haplogroup U8 entered Europe with the first modern humans to inhabit the continent, Early Europe

**Your Family and Friends**

[D4a2](#) Japanese Person

[D5a\\*](#) Chinese Person

[L3e](#) Nigerian Person

[U8a](#) Lynn Jorde

**Famous People**

[H](#) Marie Antoinette

[H3\\*](#) Jimmy Buffett

[H4a](#) Warren Buffett

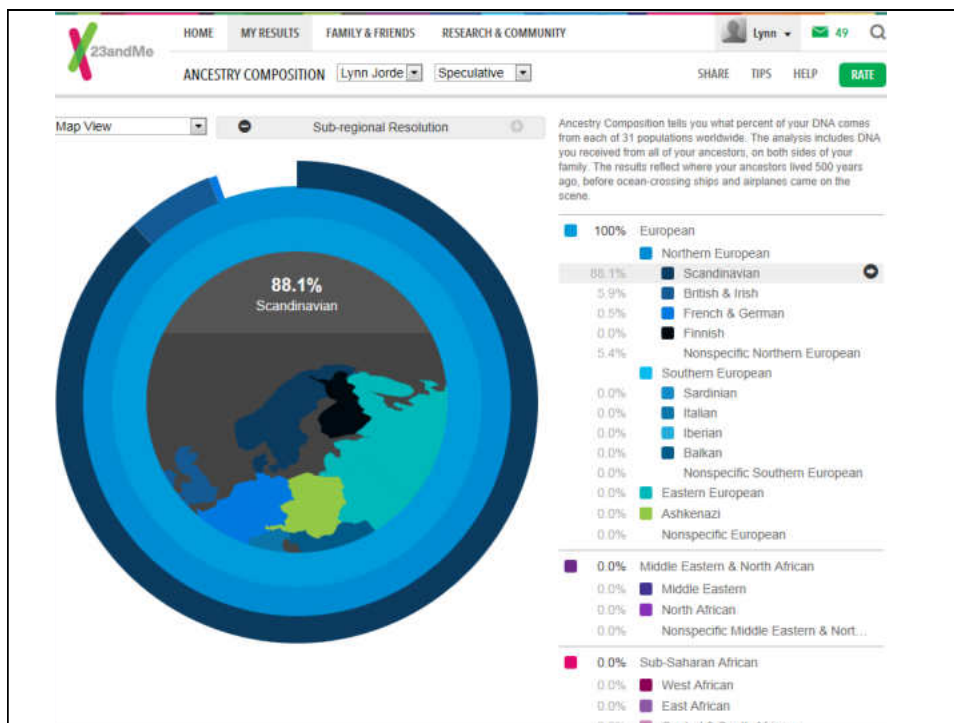
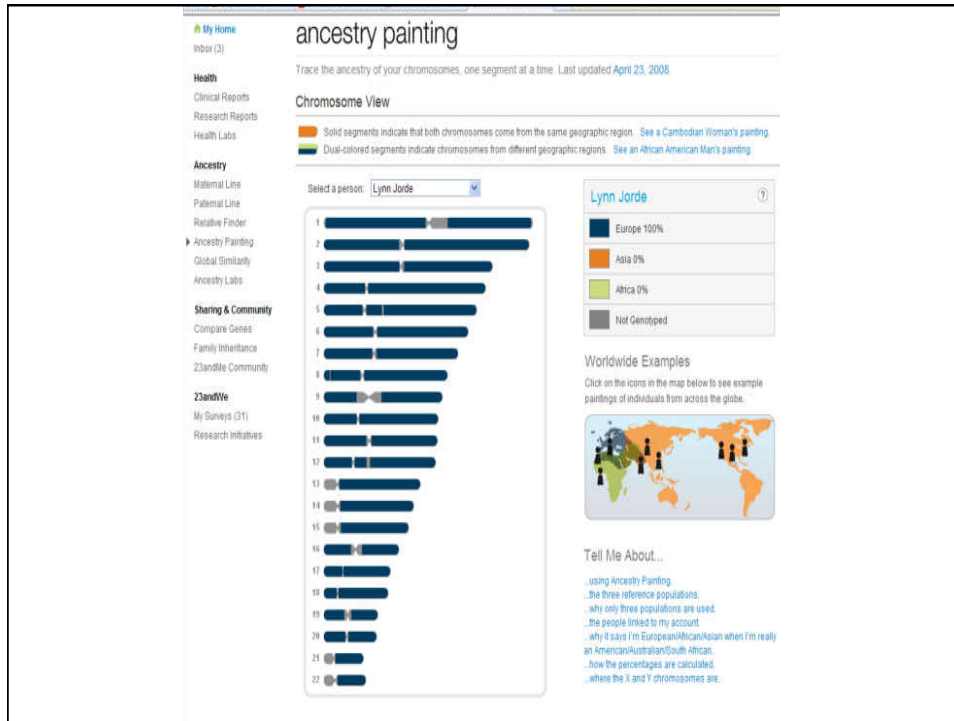
[T2](#) Jesse James

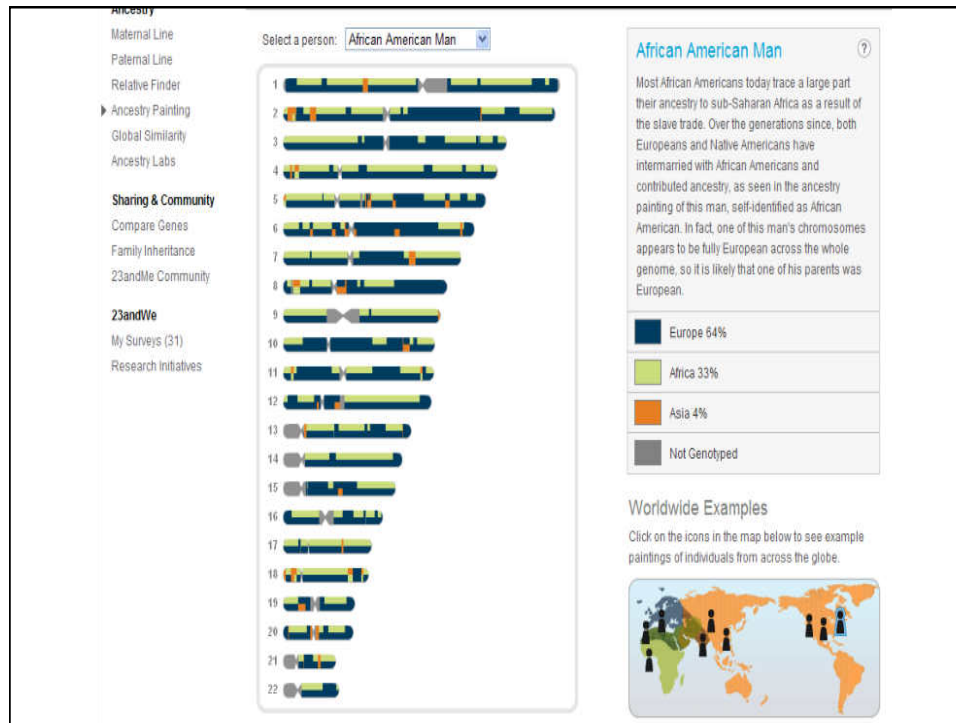
[Y](#) Benjamin Franklin, Bono

**Tell Me About...**

[...mitochondrial DNA \(mtDNA\)](#)

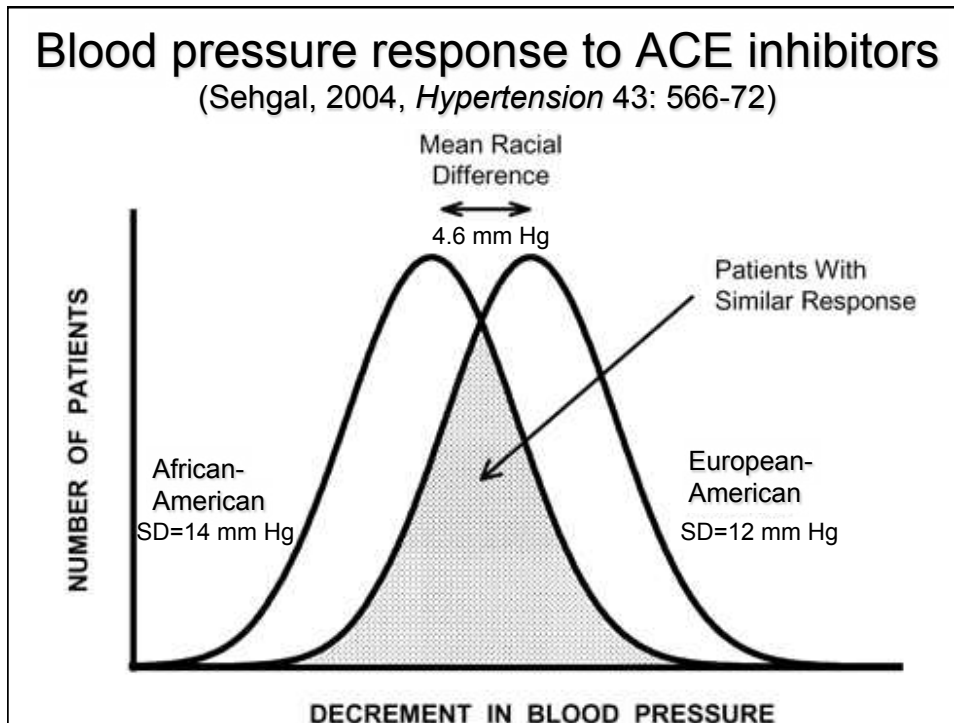
[...maternal haplogroups](#)





## What do these findings imply for biomedicine?

- Large numbers of independent DNA polymorphisms can inform us about ancestry and population history
- These variants typically differ between populations only in their *frequency* and imply substantial overlap between populations



## EGFR inhibitors and non-small cell lung cancer

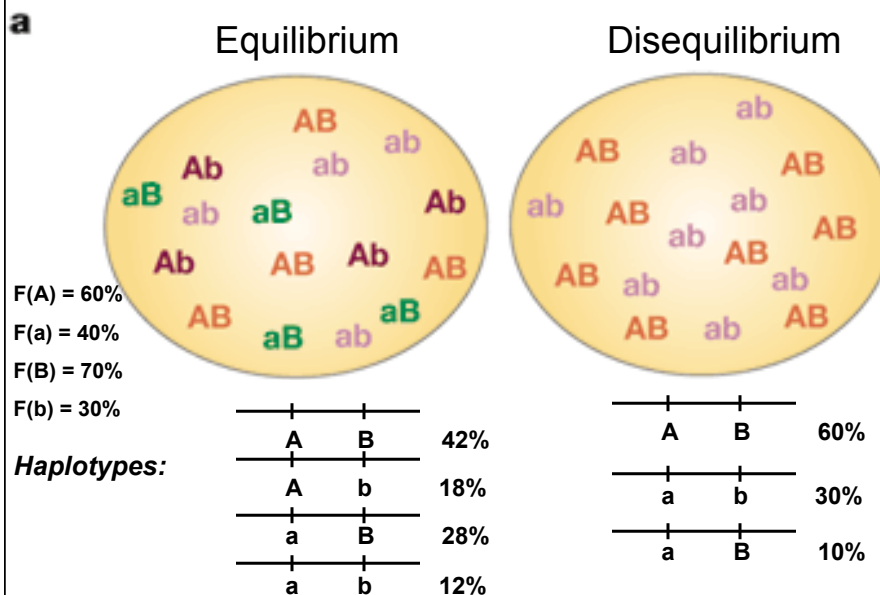
- Gefitinib and erlotinib inhibit epidermal growth factor receptor (EGFR) tyrosine kinase activity
- Effective in 10% of Europeans, 30% of Asians (Japanese, Chinese, Koreans)
- Somatic mutations in *EGFR* found in 10% of Europeans, 30% of Japanese
- 70-80% of those with mutations respond to gefitinib; <10% of those without mutations respond

Johnson, 2005, *Cancer Res.* 65: 7525-9; McDermot  
*et al.*, 2011, *N. Engl. J. Med.* 364: 340-50

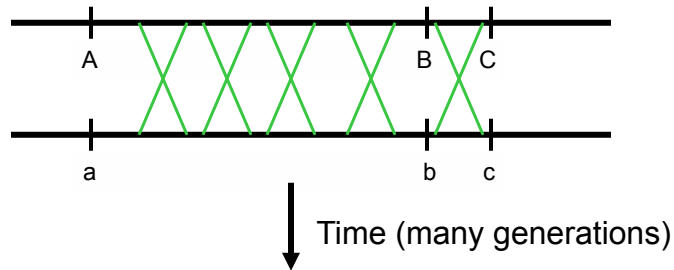
## Genetic Variation and “Race”

- Genetic variation is correlated with geography and tends to be distributed continuously across geographic space
- “Race” may not be biologically meaningful, but it is biologically imprecise
- Individual ancestry provides more medically useful information

Linkage disequilibrium and disease-gene mapping:  
 nonrandom association of alleles at linked loci



Over time, more crossovers will occur between loci located further apart



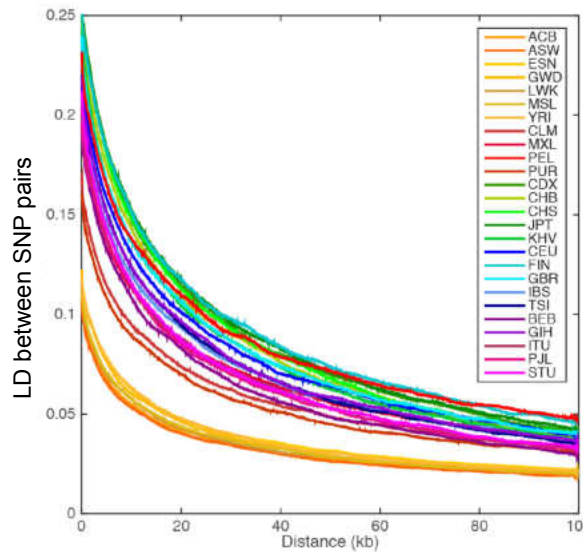
B and C will be found together on the same haplotype more often than A and B: there is more *linkage disequilibrium* between B and C than A and B

## Factors that May Affect Linkage Disequilibrium Patterns

- Chromosome location
  - Telomeric vs. centromeric
  - Intragenic vs. extragenic
- DNA sequence patterns (GC content; presence of *Alu* elements)
- Recombination hotspots (1 every 50-100 kb)
  - 13-mer bound by *PRDM9* associated with 40% of hotspots
- Evolutionary factors: LD varies among populations
  - Natural selection
  - Gene flow
  - Mutation, gene conversion
  - Genetic drift
  - Time elapsed since founding of population



### Linkage disequilibrium (LD) decays with physical distance more quickly in “older” populations

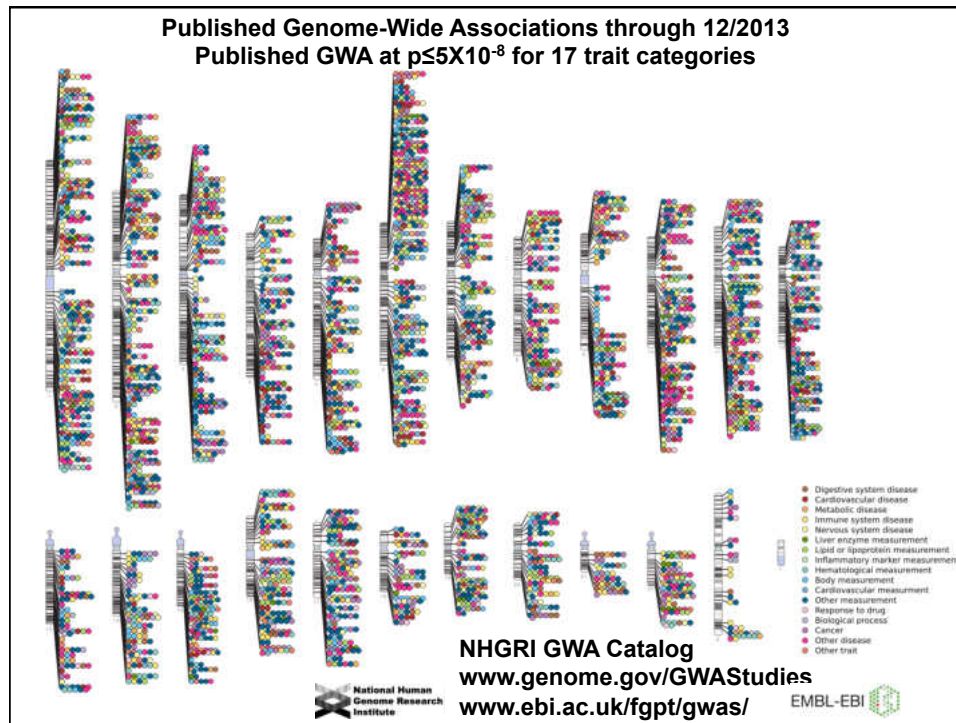


Auton et al., 2015, *Nature*  
 1000 Genomes data

### SNPs in disequilibrium are redundant: we don't need to type all of them

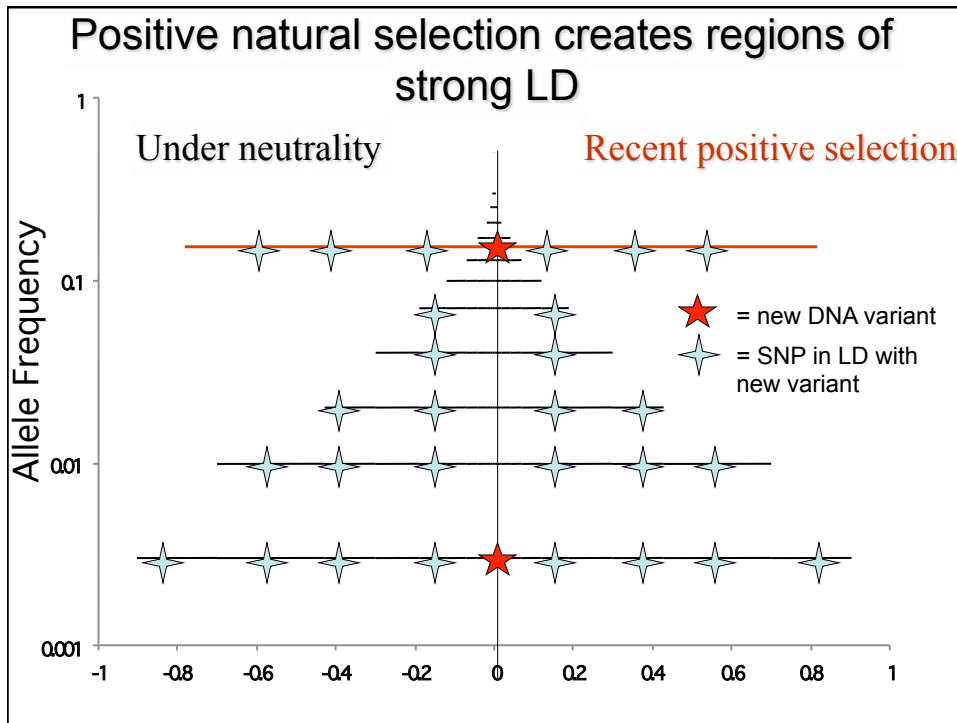


For genome-wide association studies, “complete” coverage is given by about 1.6 million SNPs for African populations, 600,000 to 1M SNPs for non-African populations



## Recombination hotspots

- LD patterns indicate 25,000 - 50,000 hotspots in human genome (1 every 50 – 100 kb) (Myers et al., 2005, *Science*)
- 60% of all recombination occurs in 6% of genome) (Coop et al., 2008, *Science* 319: 1395-8)
- Hotspots are not congruent in human and chimpanzee and vary among human populations

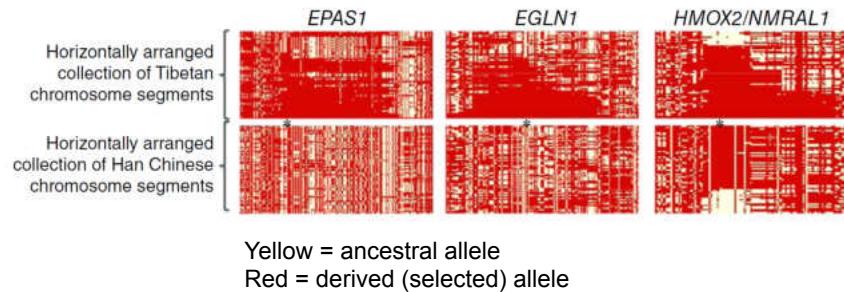


### Examples of genes in which elevated LD indicates recent positive selection

Gene	Phenotype
<i>G6PD</i>	Malaria protection
<i>CYP3A5</i>	Sodium retention
<i>LCT</i> (lactase enhancer)	Lactase persistence
<i>SLC24A5</i>	Skin pigmentation
<i>EPAS1, EGLN1</i>	High-altitude hypoxia response

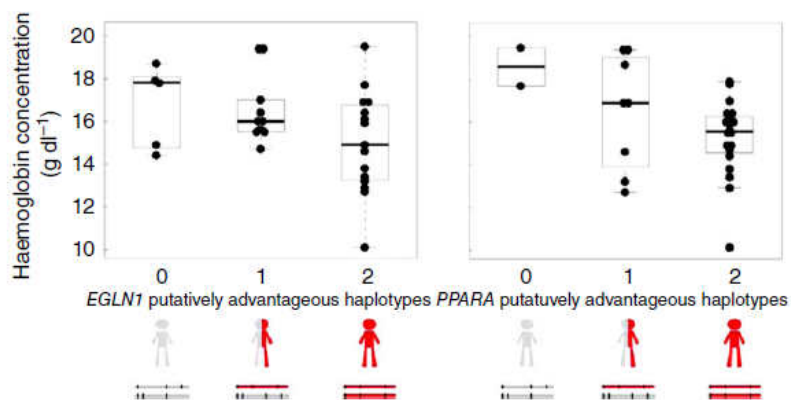
Voight et al., 2006, *PLOS Biology*; Simonson et al., 2010, *Science*; Grossman et al., 2013, *Cell*

## Tibetans have regions of elevated LD and extended homozygosity in HIF-pathway and O<sub>2</sub> sensing genes



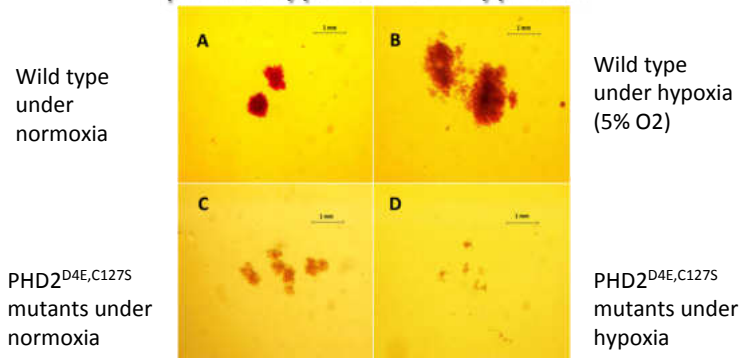
Simonson et al., 2010, *Science*  
Simonson et al., 2015, *Exp. Physiol.*

## EGLN1 (PHD2) and PPARA haplotypes under positive selection are associated with reduced hemoglobin



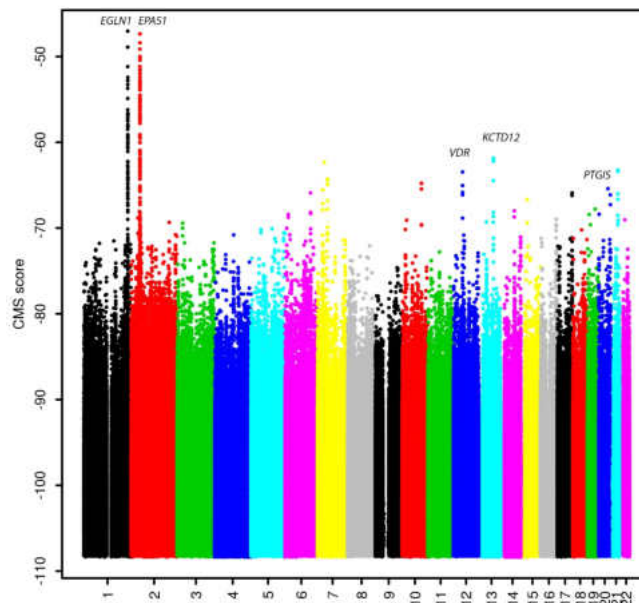
Simonson et al., 2010, *Science*  
Lorenzo et al., 2014, *Nat. Genet.*

### Erythroid progenitor cells produce the Tibetan phenotype under hypoxia



PHD2<sup>D4E,C127S</sup> produces a gain of function under hypoxic conditions, reducing hemoglobin concentration and providing protection from polycythemia .

### Composite of Multiple Signals (CMS) test for recent positive selection



Hu et al., Genome Research (under review)

## Population genetics is guiding development of new sequence analysis resources

- 1000 Genomes Project
  - Provides “control sequences” for variant analysis
  - Most rare variants are population-specific
- When is a variant functionally significant?
  - Functional regions show more purifying selection  
(VAAST software: M. Yandell *et al.*, 2011, *Genome Res.*; pVAAST: Hu *et al.*, 2014 *Nature Biotech.*)
  - Evolutionary conservation among species; especially useful for noncoding DNA

## Population genetics and genome analysis

- Genetic variation contains useful information about population history
- Genetic variation provides a more informed view of “race” and its relevance to medicine
- Population genetic analysis has been critical in understanding linkage disequilibrium and its application in disease-gene mapping
- Population genetics becomes even more critical in understanding role of rare variants in disease
- Population genetics is *fun!*