













# The Human Genome

And What We Do With It!

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Avon Longitudinal Study of Parents and Children

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### **Outline**

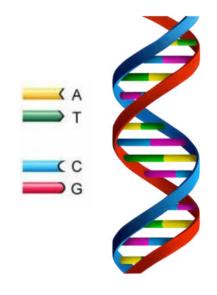
- DNA and the genome
  - What is it?
  - How **big** is it?
  - How is it organised?
  - What exactly is in the genome?
- Mutations
  - Within people
  - Within populations
- Genome-wide association studies

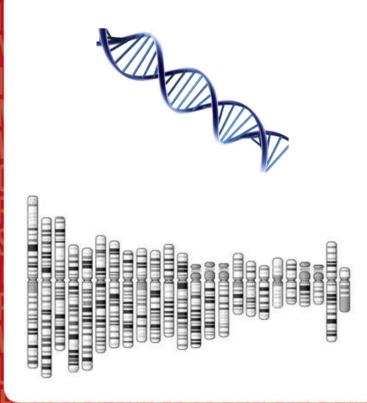


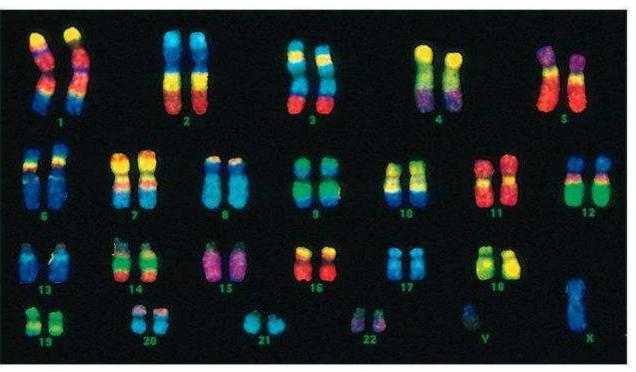
#### BIES TOGETHER NURTURE INTERNATIONAL EXCITING GENERATIONS GROWING UNIQUE SUPPORT

# DNA and the genome

What do you know already?







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# How big?

DNA. Base pairs. Genes.



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### How big is the genome?

- Base pairs
  - Each turn of the double helix is 10 base pairs (bp)
    - In one copy of DNA ~ 3,200,000,000 bp!

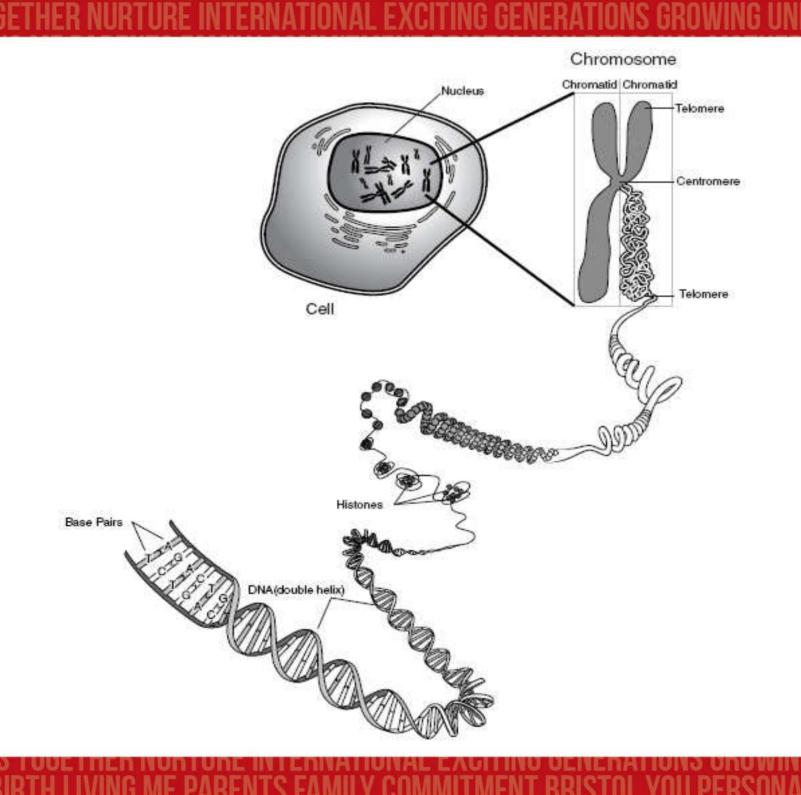


- One chromosome ~ 5cm
  - One copy of the whole genome is ~ 2m long
    - All the DNA in your cells ~ 60 billion kilometers!

- Books
  - One copy of the genome ~ >100 books
    - Entire genome ~ 1 million pages
      - 5,000 books stacked 200 feet
      - 200 telephone directories







# How much data in is in genome?

...ATGCTAACTGACTAAGTAGCCAATGACAGAGCG...

- DNA per chromosome ~ 48-249Mb
  - Basic sequence of information for one individual ~ 700Mb
- All the technical information ~ 200Gb
  - Encyclopedia Brittanica ~ 130Mb
  - Wikipedia text ~ 8.8Gb
  - Windows 10 ~ 10Gb



#### Genes

- Protein-coding regions
- Separated into exons (protein-coding) and introns (non-protein coding)
  - Average number of exons per gene ~ 10 (1-363)
- Average length of a gene ~ 54,000bp (200-24,000,000bp)
  - Average exon size ~ 288bp (10-180bp)
  - Intron size range ~ 30-11,000,000bp



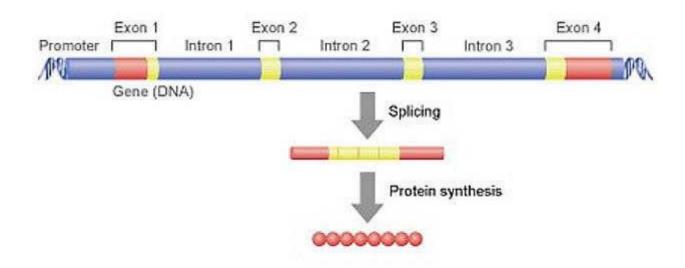
# How many genes in the genome?

- Gene Sweepstake bets on the size of the human genome (\$1 in 200, \$5 in 2001, \$20 in 2002)
  - Average 61,710 with range: 27,462 153,478

20,000 - 25,000

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# 2% of the genome is made of genes!



### What else is in the genome?

- The set of genes in your genome is always the same
  - Different cells types, tissues, organs
  - During development, childhood, puberty, adulthood
  - · Before and after disease
  - · When it's hot and cold
  - When you're hungry or you've eaten
  - During exercise, on a diet, taking medication, sleeping









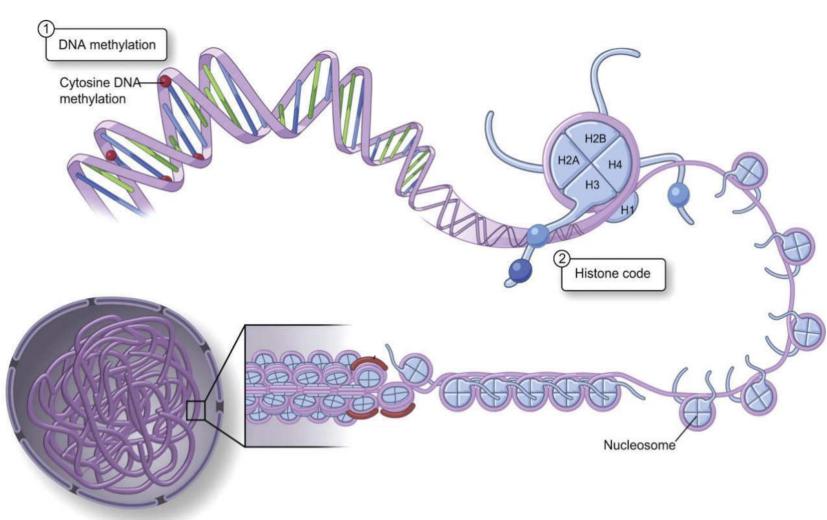








# What else is in the genome?



**ANY QUESTIONS SO FAR??** 

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Maternal AAT TAG GTC CCT TGA

Person 1

Paternal AAT TAG GTC CCT TGA

Maternal AAT TAG GTA CCT TGA

Person 2

Paternal AAT TAG GTC CCT TGA

Maternal AAT TAG GTA CCT TGA

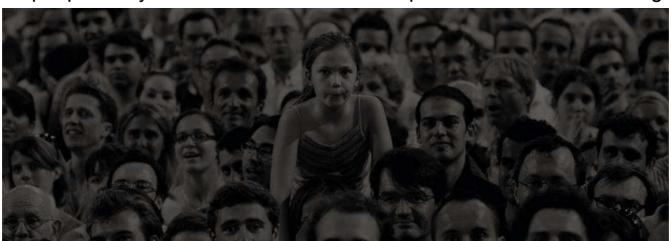
Person 3

Paternal AAT TAG GTA CCT TGA

**SNP** – pronounced 'snip'

#### **Mutations**

- 1 in 110,000,000 base pairs
- ~60 new mutations in every new born
  - 134 million births last year
    - Every base pair mutated ~3 times per year
      - HUGE amount of genetic variation in the population
- The natural genetic variation is like a HUGE natural experiment
  - Sequence people to try and understand the consequences of mutations in a gene



#### Phenome

Psychological traits

Daily fluctuations

Physical traits

Tissue differences

Disease status

Gut microbial flora

Cell type differences

Life course changes

Personality

Behaviour

**Chemical DNA modifications** 

Environmental exposures

Protein levels

**Emotional** 

**Transcription factors** 

**DNA** expression

Metabolite levels

#### 

Avon Longitudinal Study of Parents and Children

#### **Participants**

- Book now for Focus @ 24+
- Complete your questionnaire
- Our discoveries
- · Our story so far
- Our commitment to you
- Newsletters and leaflets

Researchers

Media

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#### Participants



? > Avon Longitudinal Study of Parents and Children > Participants

Children of the 90s is a long-term health research project that started in the early 1990s. It recruited more than 14,000 pregnant women, and these women and their families have been involved ever since. The Children of the 90s project works with researchers all over the world.

#### Our participants

Our participants range from mums and their children to fathers, grandparents, brothers and sisters, and a new generation of 'children of the children of the 90s'





Children of the 90s has just been fantastic in so many ways. It has revealed some really profound insights into the way we grow and develop as humans. It's revealing important information not just for medics, for medicine, but for all of us



Our discoveries



#### A SNPI SNP2 Chromosome 9 - Person1 Person2 Person3 G-C → T-A A-T → G-C В SNP1 SNP2 Initial discovery study Initial discovery study Cases Controls Cases Controls P=1×10-12 P=1×10-8 Common homozygote Heterozygote homozygote C 14-SNP1 12-12 10-SNP2 -Log<sub>10</sub> P Value -Log<sub>10</sub> P Value 8 9 10 11 12 13 14 15 17 19 21 X omosome 16 18 20 22 Position on chromosome 9 Chromosome

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- Over 2,500 GWAS in the past decade
- Identifying ~17,000 unique SNP-trait associations

#### Body characteristics

• BMI, weight, height, waist and hip circumference, blood pressure, heart rate, baldness, puberty, organ function, aging, birthweight, hair colour...

#### Blood contents

• Cholesterol, metabolites, calcium, glucose, insulin, vitamins, lipids, iron...

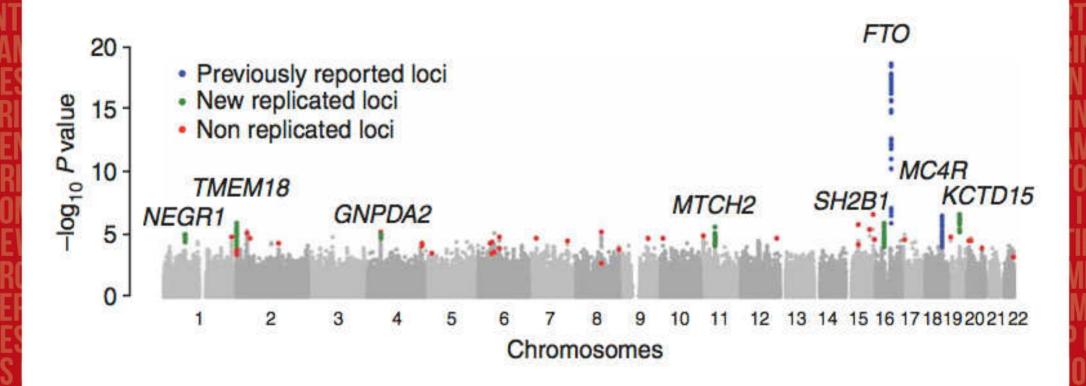
#### Behaviours

• Smoking, alcohol intake, emotion recognition, response to drugs, coffee consumption, diet, anger, bitter taste response...

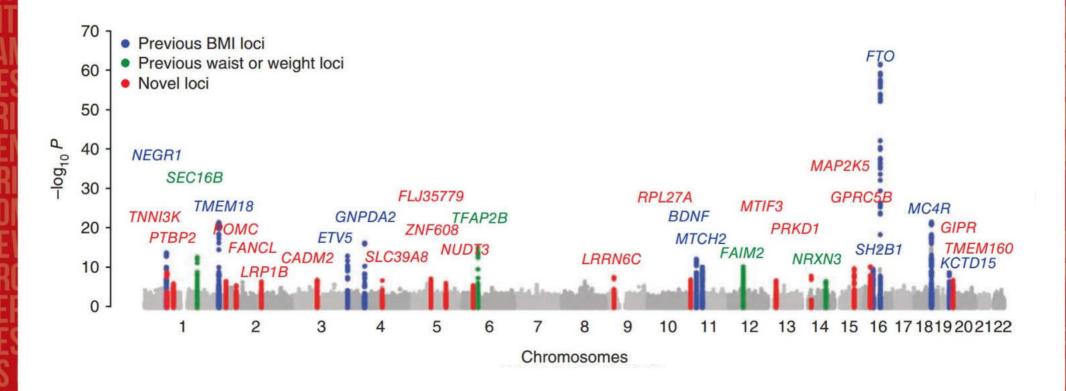
#### Diseases

• Diabetes, asthma, eczema, cardiovascular disease, coronary heart disease, schizophrenia, gout, Alzheimer's, dementia, AIDS, autism and various cancers...

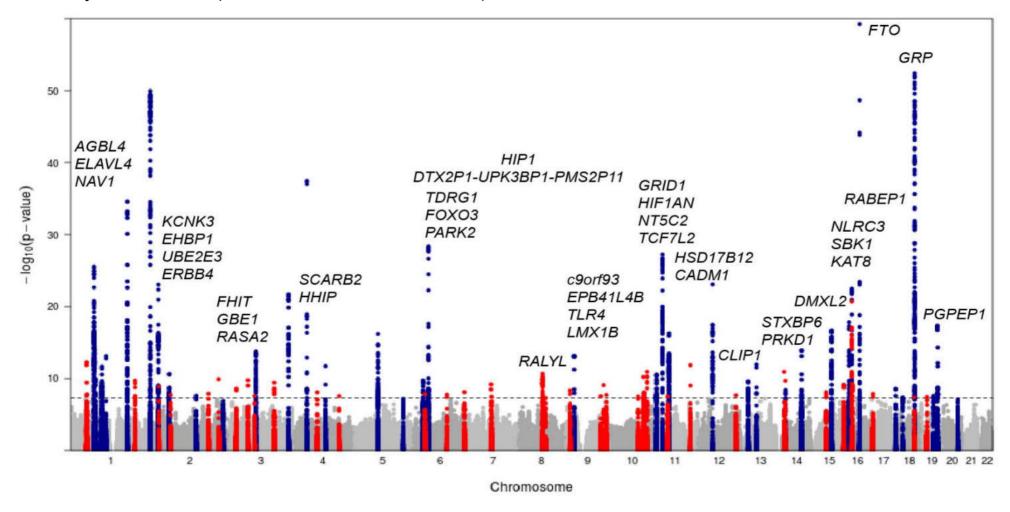
Body mass index (2000 in 91,000 individuals)



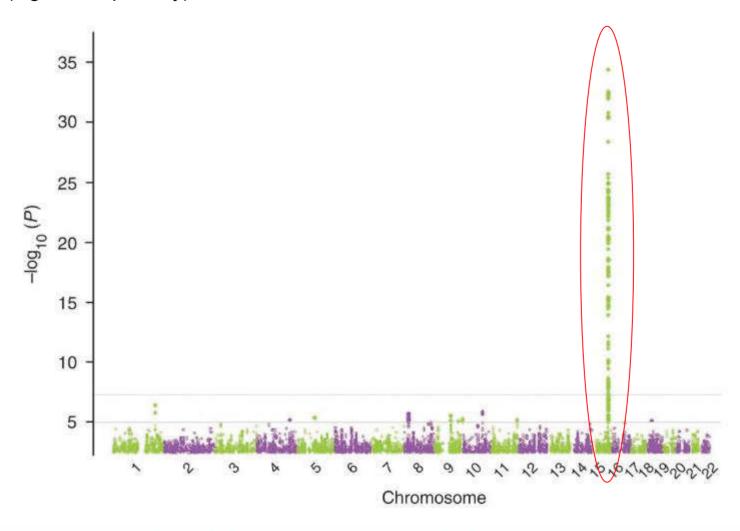
Body mass index (2010 in 250,000 individuals)



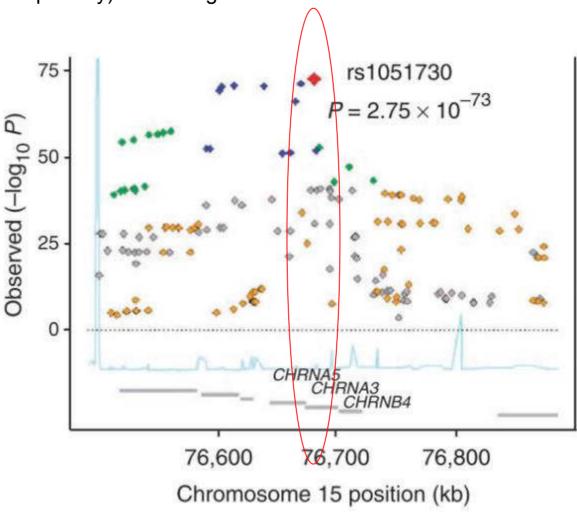
• Body mass index (2015 in 339,000 individuals)

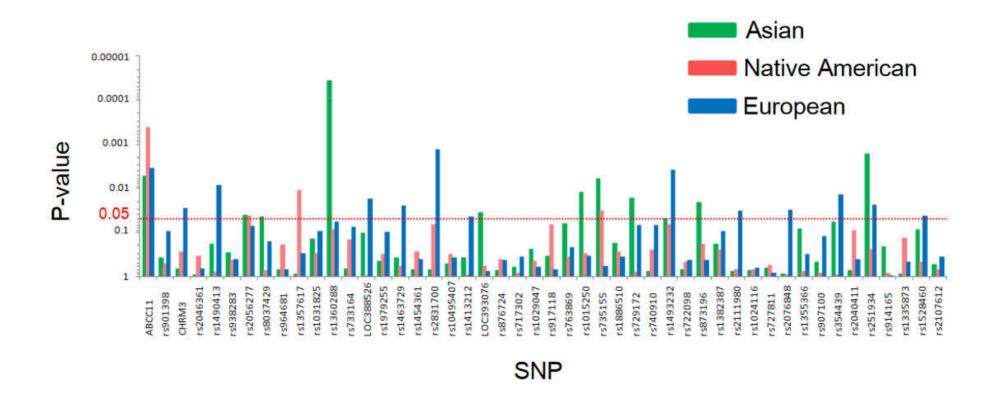


• Smoking (cigarettes per day)

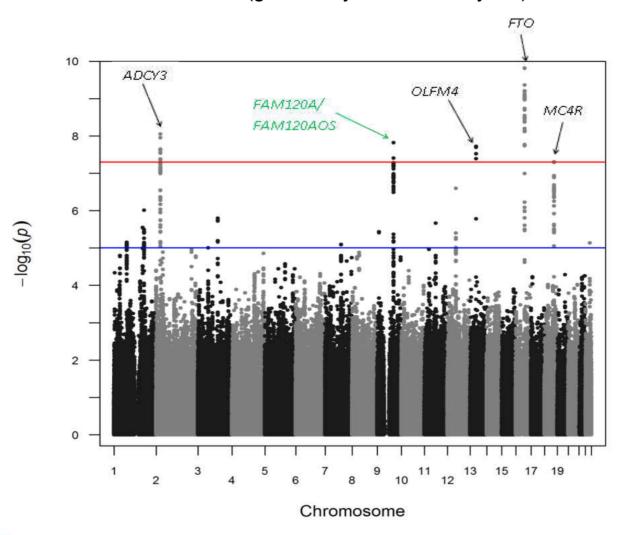


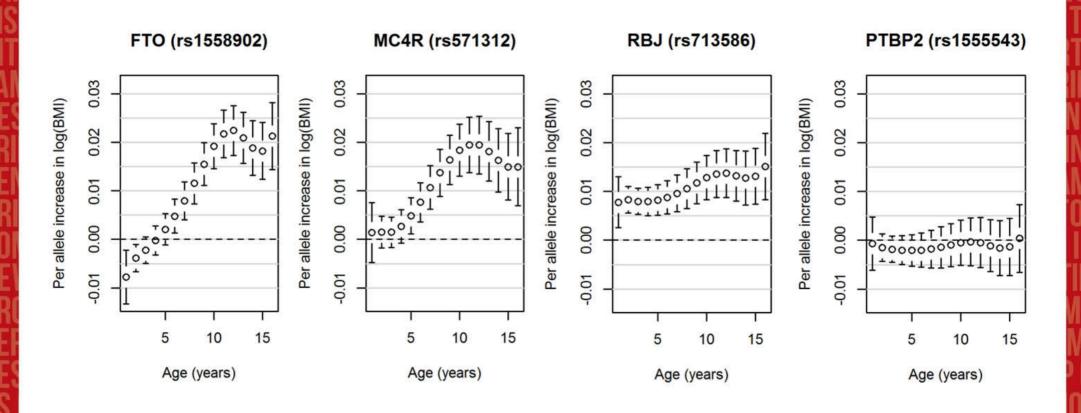
• Smoking (cigarettes per day) combining 2 consortium





• Body mass index in Children of the 90s (green only found in early life)





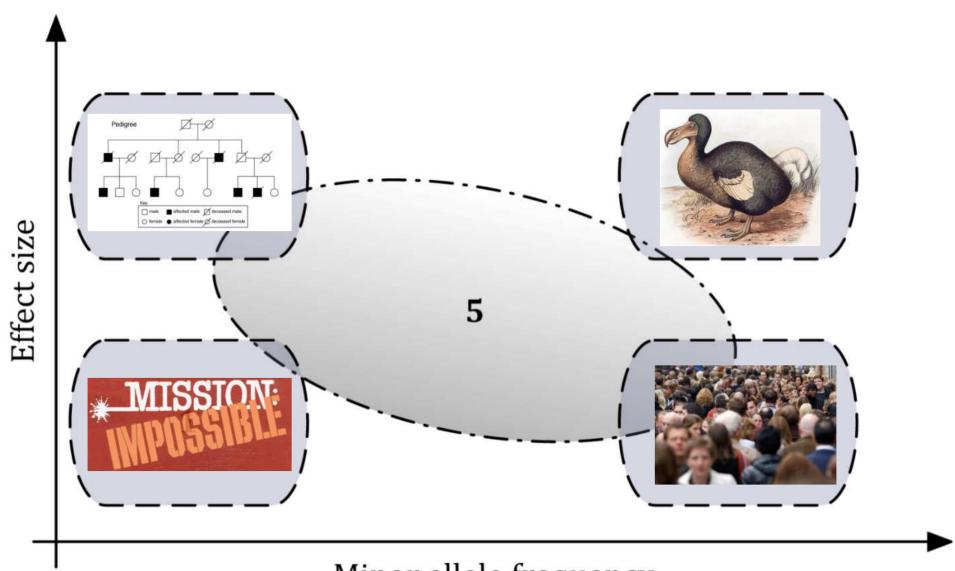
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### What else?

- Genetics
  - Mendelian randomization (causal analysis)
  - Recall by Genotype
  - Rare vs. common variants

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Minor allele frequency

#### What else?

- Genetics
  - Mendelian randomization (causal analysis)
  - Recall by Genotype
  - Rare vs. common variants
  - Gene environment interaction
- Epigenetics
  - Epigenome-wide association studies ("regulome")
- Observational epidemiology
  - From childhood adulthood

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Game time!





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